

FINLAND

**Country Dialling Code (Tel/Fax): ++358**

Finnish Tourist Board: Töölönkatu 11, PO Box 625, 00101 Helsinki Tel: (9) 417-6911 Fax: (9) 41 76 93 33 E-mail: mek@mek.fi Website: www.mek.fi

Capital: Helsinki **Time:** GMT + 2

Background: Ruled by Sweden from the 12th to the 19th centuries and by Russia from 1809, Finland finally won its independence in 1917. During World War II, it was able to successfully defend its freedom and fend off invasions by the Soviet Union and Germany. In the subsequent half century, the Finns have made a remarkable transformation from a farm/forest economy to a diversified modern industrial economy; per capita income is now on par with Western Europe. As a member of the European Union, Finland was the only Nordic state to join the euro system at its initiation in January 1999.

Location: Northern Europe, bordering the Baltic Sea, Gulf of Bothnia, and Gulf of Finland, between Sweden and Russia

Map References: Europe

Climate: cold temperate; potentially subarctic, but comparatively mild because of moderating influence of the North Atlantic Current, Baltic Sea, and more than 60,000 lakes

Terrain: mostly low, flat to rolling plains interspersed with lakes and low hills

Population: 5,167,486 (July 2000 est.)

Nationality: noun: Finn(s) adjective: Finnish

Ethnic Groups: Finn 93%, Swede 6%, Lapp 0.11%, Roma 0.12%, Tatar 0.02%

Religions: Evangelical Lutheran 89%, Greek Orthodox 1%, none 9%, other 1%

Languages: Finnish 93.4% (official), Swedish 5.9% (official), small Lapp- and Russian-speaking minorities

Economy: Finland has a highly industrialized, largely free-market economy, with per capita output roughly that of the UK, France, Germany, and Italy. Its key economic sector is manufacturing - principally the wood, metals, engineering, telecommunications, and electronics industries. Trade is important, with exports equaling more than one-third of GDP. Except for timber and several minerals, Finland depends on imports of raw materials, energy, and some components for manufactured goods. Because of the climate, agricultural development is limited to maintaining self-sufficiency in basic products. Forestry, an important export earner, provides a secondary occupation for the rural population. The economy has come back from the recession of 1990-92, which had been caused by economic overheating, depressed foreign markets, and the dismantling of the barter system between Finland and the former Soviet Union. Rapidly increasing integration with Western Europe - Finland was one of the 11 countries joining the euro monetary system (EMU) on 1 January 1999 - will dominate the economic picture over the next several years. Growth in 2000 will probably be at the same level as in 1999, enough to continue the decline in unemployment from its current high level.

Industries: metal products, shipbuilding, pulp and paper, copper refining, foodstuffs, chemicals, textiles, clothing

Currency: 1 Euro(€) = 100 cents.

Railways: total: 5,865 km broad gauge; 5,865 km 1.524-m gauge (2,192 km electrified; 480 km double- or multiple-track) (1998)

Highways: total: 77,895 km paved; 49,853 km (including 473 km of expressways) unpaved; 28,042 km (1998 est.)

Waterways: 6,675 km total (including Saimaa Canal); 3,700 km suitable for steamers

Ports and Harbors: Hamina, Helsinki, Kokkola, Kotka, Loviisa, Oulu, Pori, Rauma, Turku, Uusikaupunki, Varkaus

Airports: 157 (1999 est.) Airports - with paved runways: total: 69 over 3,047 m: 3 2,438 to 3,047 m: 26 1,524 to 2,437 m: 10 914 to 1,523 m: 20 under 914 m: 10 (1999 est.) Airports - with unpaved runways: total: 88 914 to 1,523 m: 6 under 914 m: 82 (1999 est.)

Visa: not required from nationals of the EU

Duty Free: goods permitted: 200 cigarettes or 50 cigars or 250g of tobacco or 100 cigarillos, 2 litres of alcoholic beverages of less than 22% volume or 2 litres of wine or 5 litres of beer, 50g of perfume and 250ml of eau de toilette, non commercial goods to a value of Fmk1100 (or € Euro equivalent),

Health: no special precautions

HOTELS•MOTELS•INNS

HELSINKI

AVA HOTEL, Karstulantie 6 ,FIN-00550 HELSINKI , P:09 774 751, varaukset@ava.fi , <http://www.ava.fi/hotel-ava>

BEST WESTERN AIRPORT HOTEL PILOTTI, Veromäentie 1,01510 VANTAA, 358 0 9 3294800, hotel.pilotti@bwpilotti.fi , <http://www.hotellipilotti.fi>

BEST WESTERN HOTEL CARLTON, Kaisaniemenkatu 3 ,FIN-00100 HELSINKI ,FINLAND,P:358 9 6841320, booking@carlton.fi , www.carlton.fi

BEST WESTERN PREMIER HOTEL KATAJANOKKA, Merikasarminkatu1a, 00160 Helsinki,P:09 686 45132, sales@bwkatajanokka.fi , <http://www.bwkatajanokka.fi>

CITYKOTI APARTMENTS ,P:050 555 0058 , info@citykoti.com , <http://www.citykoti.com>

CROWNE PLAZA HELSINKI, Mannerheimintie 50,00260 Helsinki,FINLAND, p.358 0 9 2521 0000 , helsinki.cph@restel.fi , <http://www.crowneplaza-helsinki.fi>

CUMULUS HAKANIEMI, Siltasaarenkatu 14, FI-00530 HELSINKI, P358 0 9 54660100, hakaniemi.cumulus@restel.fi , <http://www.cumulus.fi/hotellit/hakaniemi>

CUMULUS KAISANIEMI, Kaisaniemenkatu 7,00100 Helsinki, FINLAND, Tel:358 0 9 172 881, kaisaniemi.cumulus@restel.fi , www.cumulus.fi

CUMULUS OLYMPIA, Läntinen Brahenkatu 2 00510 Helsinki, Tel: 358 0 9 69151, olympia.cumulus@restel.fi , http://www.cumulus.fi/hotellit/olympia/en_GB/yhteystiedot

FABIAN HOTEL, Fabianinkatu 7, 00130 Helsinki, Finland, Tel:358 9 6128 2000 , sales@hotelfabian.fi , <http://www.hotelfabian.fi>

HELSINKI SENATE, Kauppiaankatu 5,00160 Helsinki,Tel:358 0 9 2511 050, helsinki@hellstenhotels.fi , http://www.hellstenhotels.fi/Hellsten_Hotel_Apartments/Helsinki_Senate

HILTON HELSINKI KALASTAJATORPPA HOTEL, Kalastajatorppantie 1, Helsinki, 00330, Finland TEL:358 945811, helsinki.kalastajatorppa@hilton.com , <http://www3.hilton.com/en/hotels/finland/hilton-helsinki-kalastajatorppa-hotel-HELKJHI/index.html>

HILTON HELSINKI STRAND, John Stenbergin ranta 4, Helsinki, 00530, Finland, TEL:358 939351, <http://www3.hilton.com/en/hotels/finland/hilton-helsinki-strand-HELHIHI/index.html>

HOLIDAY INN HELSINKI CITY CENTRE ,Elielinaukio 5, 00100 Helsinki, Tel: 358 0 9 5425 5000, helsinki.hihcc@restel.fi , http://www.finland.holidayinn.com/hotellit/helsinki-city-centre/en_GB/helsinki-city-centre

HOTEL ANNA, Annankatu 1 ,00120 Helsinki,358 0 9 616 621, info@hotelanna.fi , <http://www.hotelanna.fi/en>

HOTEL ARTHUR, Vuorikatu 19,FI-00100 Helsinki, Finland,T: 358 9173 441, reception@hotelarthur.fi , www.hotelarthur.fi

HOTEL AVION, Malmin asematie 6,00700 HELSINKI,FINLAND, tel.358 0 9 3507440, hotelavion@kolumbus.fi , <http://www.hotelhelsinki.fi>

HOTEL FINN, Kalevankatu 3 B, FI-00100 Helsinki, 358 0 9 684 4360, <http://www.hotellifinn.fi/en/>

HOTEL GLO HELSINKI KLUUVI, Aleksanterinkatu 44, A00100 Helsinki,Finland ,T:358 0 9 5840 9445, <http://glohotels.fi>

HOTEL HAVEN, UNIONINKATU 17 , 00130 HELSINKI ,FINLAND ,TEL. 358 9 681 930, SALES@HOTELHAVEN.FI , <http://www.hotelhaven.fi>

HOTEL HELKA, Pohjoinen Rautatiekatu 23,FI-00100 Helsinki,Finland, Tel: 358 9 613 580, firstname.lastname@helka.fi , <http://www.helka.fi>

HOTEL KÄMP, Pohjoisesplanadi 29 , Kluuvikatu 2, 00100 Helsinki ,.Phone: 358 9 576 111 , <http://www.hotelkamp.fi>

HOTEL RIVOLI JARDIN, Kasarmikatu 40,00130 Helsinki,t:358 9 681 500, rivoli.jardin@rivoli.fi , <http://www.rivoli.fi>

HOTEL SEURAHUONE HELSINKI, Kaivokatu 12,00100 HELSINKI,FINLAND,p. 09 69 141, helsinki.seurahuone@restel.fi , <http://www.hotelliseurahuone.fi>

HOTEL SKATTA ,Linnankatu 3,00160 Helsinki,Finland,T:358-9-659 233, reception@hotelskatta.com , <http://www.hotelskatta.com/eng.htm>

HUONEISTOHOTELLI GELLA OY,P: 09 661 612 pekka.parikka@huoneistohotelli.com , <http://www.huoneistohotelli.com>

KLAUS K, Bulevardi 2-4, 00120 Helsinki, FINLAND,Tel.358 0 20 770 4700, firstname.lastname@klauskhotel.com , <http://www.klauskhotel.com/en>

OMENA HOTEL LÖNNROTINKATU, Lönnrotinkatu 13,00120 Helsinki, Finland,358 20 7716 555, info@omenahotels.com , <http://www.omenahotels.com>

OMENAHOTELLI YRJÖNKATU, Yrjönkatu 30, 00100 Helsinki, Suomi, 358 20 7716555, info@omenahotels.com, <http://www.omenahotels.com/fi/hotellit/suomi/helsingfors-georgsgatan>

PARK HOTEL KÄPYLÄ, Pohjolankatu 38, 00600 Helsinki, P.09 799 755, myyntipalvelu@park.fi, <http://www.parkhotelkapyla.fi>

RADISSON SAS HESPERIA HOTEL HELSINKI Mannerheimintie 50 FIN-00260 Helsinki, Finland HELSINKI FINLAND TEL: +358-9-43101 FAX: +358-9-4310995 www.radisson.com/helsinki/hesperia

RADISSON SAS ROYAL HOTEL HELSINKI Runeberginkatu 2 FIN-00100 Helsinki, Finland HELSINKI FINLAND TEL: +358-9-69-58-0 FAX: +358-9-69-58-71-00 www.radisson.com/helsinki

SCANDIC GRAND MARINA, Katajanokanlaituri 7, 00160 Helsinki, Finland, P:358 9 16661, grandmarina@scandichotels.com, <http://www.scandichotels.com/Hotels/Finland/Helsinki/Scandic-Grand-Marina/#.Uqr1BhvXLMw>

SCANDIC PAASI, Paasivuorenkatu 5 b, 00530 Helsinki, P: 358 9 2311 700, paasi@scandichotels.com, <http://www.scandichotels.fi/Hotels/Suomi/Helsinki>

SOKOS HOTELS, Kluuvikatu 8, 00100 Helsinki, Finland, Tel: +358-3 0201 234 601

SOLO SOKOS HOTEL ALEKSANTERI, Albertinkatu 34, 00180 Helsinki, Tel. 358 20 1234 643, aleksanteri.helsinki@sokoshotels.fi, <https://www.sokoshotels.fi/en/helsinki>

SOLO SOKOS HOTEL TORNI, Yrjönkatu 26, 00100 Helsinki, Tel. 358 20 1234 604, torni.helsinki@sokoshotels.fi, <https://www.sokoshotels.fi/en/helsinki/sokos-hotel-torni>

PUUMALA

KOSKENSELKA, HOLIDAY VILLAGE, LOMAKYLA JA REISSUMAJA, KISKENSELANTIE 98, PUUMALA 52200, FINLAND, TEL: +358 015 468 1119, FAX: +358 015 468 1809, E-MAIL: koskenselka@lomavinkki-oy.inet.fi

SAVONLINNA

KYLPYLÄ HOTELLI CASINO, Kylpylaitoksentie 6, 57130 Nyslott, Finland, +358 015 73950, www.spahotelcasino.fi



AIRLINES/HELICOPTERS/AIRPORTS

FINNAIR O/Y, Region: Europe, Address: Tietotie 11 A Helsinki- Vantaa Airport Helsinki FIN-0105, Tel: 00358 9 818 81, Fax: 00358 9 818 44 01, Web site: www.finnair.com and www.finnair.fi, Stockholder: The Finnair Group, Main Base: Helsinki-Vantaa Airport

HELSINKI-MALMI AIRPORT, Finland, Tel: +358 (0)9 8277 4031, Fax: +358 (0)9 8277 4098, Email: airport.malmi@finavia.fi, Website: www.finavia.fi

IVALO AIRPORT, Finland, Lentokentäntie 290, FIN-99800 Ivalo, Tel: +358 (0)16 861 8600, +358 (0)16 675 8610, Fax: +358 (0)16 861 8699, +358 (0)16 675 8693

KAJAANI AIRPORT, Finland, Tel: +358 (0)8 689 7500, Fax: +358 (0)8 689 7599, Email: veli-pekka.pitkanen@faa.fi, Website: www.ilmailulaitos.com

KITTLILÄ AIRPORT, Finland, PO Box 98, FIN-99100 Kittilä, Levi Road 259, FIN-99100 Kittilä, Tel: +358 (0)16 366 8911, Fax: +358 (0)16 366 8999, +358 (0)16 366 8991, Email: airport.kittila@faa.fi, Website: www.ilmailulaitos.com

OULU AIRPORT, Finland, FIN-90460 Oulunsalo, Tel: +358 (0)8 520 7800, +358 (0)8 520 7804, Fax: +358 (0)8 520 7799, Email: efou@finavia.fi, Website: www.finavia.fi/airport_oulu

ROVANIEMI AIRPORT, Finland, PO Box 8182, FIN-96101 Rovaniemi, Tel: +358 (0)16 363 6500, Fax: +358 (0)16 363 6599, Email: ossi.komppa@faa.fi, Website: www.ilmailulaitos.com

CRUISES AND SHIPPING LINES

COSTA LUMINOSA, Tel:0800 38 90 622, info@uk.costa.it, http://www.costacruises.co.uk/gb/costa_luminosa.html

DISNEY CRUISE LINE, Tel:800 9513532, <http://disneycruise.disney.go.com/cruises-destinations/northern-europe/ports/helsinki-finland>

HOLLAND AMERICA LINE (HAL), HAL EURODAM, 300 Elliott Avenue West, Seattle, WA 98119 USA, Phone:206 281 3535, Toll Free: 1-800-637-5029, Fax:206 262 5934, <http://www.hollandamerica.com/cruise-vacation-onboard/Eurodam>

KRISTINA CRUISES, ms Kristina Regina, Tel: +358 1623154, Fax: +358 1623154

NORWEGIAN CRUISE LINE, 7665 Corporate Center Drive, Miami, Florida 33126, Tel: 1 866 234 7350, <http://www.ncl.com/port/helsinki-finland/cruises>

RADISSON SEVEN SEAS CRUISES, ssc Radisson Diamond, Finland, Tel: +358 1623243, Fax: +358 1623252

REGENT SEVEN SEAS CRUISES, SEVEN SEAS VOYAGER, tEL:44 2380682 140, http://www.rssc.co.uk/ships/seven_seas_voyager

ROYAL CARIBBEAN INTERNATIONAL (RCL), RCL BRILLIANCE OF THE SEAS, Tel:1 305 3410204, infouk@rcl.com, <http://www.royalcaribbean.com/findacruise/ships/class/ship/home.do?shipCode=BR>

SILVERSEA CRUISES, SILVER WHISPER, Tel:377 97702424, <http://www.silversea.com/ships/silver-whisper>

VIKING LINE, Customer Relations, PO Box 166, AX-22101 Mariehamn, Åland, Finland, feedback@vikingline.com, <http://www.sales.vikingline.com/en>

RESTAURANTS & BARS

HELSINKI

A21 DINING, 358 40 1711 117, Cuisines: Scandinavian, dining@a21.fi, <http://www.a21.fi>

AITO HELSINKI, Fredrikinkatu 45, 00100 Helsinki, FINLAND, 358 40 514 3810 etunimi.sukunimi@aitohelsinki.fi, <http://www.aitohelsinki.fi>

ATELJE FINNE, Avoinna ti-la 17-24, Arkadiankatu 14, Helsinki, t:010 281 8242, info@ateljefinne.fi, <http://www.ateljefinne.fi>

BELLEVUE, Rahapajankatu 3, 00160 Helsinki, Finlandia, 358 9 179560, Cuisines: Russian, info@restaurantbellevue.com, www.restaurantbellevue.com

CHEZ DOMINIQUE, Rikhardinkatu 4, 00130 Helsinki, tel:09 612 7393, info@chezdominique.fi, <http://chezdominique.fi>

COPAS Y TAPAS, Fabianinkatu 16, 00100 HELSINKI, p. 010 3220950, Cuisines: Mediterranean, Tapas, Scandinavian, Grill, info@copasytapas.fi, <http://www.copasytapas.fi>

FARANG, Aionkatu 3, 00100 Helsinki, t:010 322 9385, Cuisines: Asian, Asian fusion, info@farang.fi, <http://farang.fi>

GAIJIN, Bulevardi 8, 00120 Helsinki, Finlandia, 358 10 3229386, Cuisines: Asian, Japanese, Korean, info@gaijin.fi, www.gaijin.fi

GROTESK, Ludviginkatu 10, Helsinki, 358 10 470 2100, Cuisines: Tapas, myyntipalvelu@grotesk.fi, <http://www.grotesk.fi>

G.W. SUNDMANS, ETELÄRANTA 16, 00130 Helsinki, Finland, 358 9 6128 5400, Cuisines: International, <http://www.sundmans.fi/en>

HOKU, Merimiehenkatu 18, 00150 Helsinki, Cuisines: Japanese, tel.358 40 1646160, <http://www.hoku.fi>

JUURI KEITTIÖ & BAARI, Korkeavuorenkatu 27, 00130 Helsinki, T:09 635 732, varaukset@juuri.fi, <http://juuri.fi>

MOUNT EVEREST NOKKA, Luotsikatu 12 A, Katajanokka, Helsinki, Cuisines: Nepali, P: 09 6221996, <http://www.everestveti.fi>

OLO RAVINTOLA, Pohjoisesplanadi 5, 00170 HELSINKI, 358 0 10 320 6250, Cuisines: Scandinavian, <http://olo-ravintola.fi/en>

PASTIS, Pieni Roobertinkatu 2, 00130 Helsinki, P. 010 29 28 990, Cuisines: French, varaukset@pastis.fi, <http://www.pastis.fi>

RAVINTOLA KARLJOHAN, Yrjönkatu 21, 00100 HELSINKI, p: 358 9 612 1121, Cuisines: European, karljoohan@ravintolakarljoohan.fi, <http://www.ravintolakarljoohan.fi>

RAVINTOLA KOLME KRUUNUA, Liisankatu 5, 00170 Helsinki, p:09 1354172, Cuisines: International, kolmekruunua@siio.fi, <http://www.kolmekruunua.fi>

RAVINTOLA SAVOY, Eteläesplanadi 14, 00130 Helsinki, Tel.358 9 6128 5300, www.ravintolasavoy.fi

RAVINTOLA SEA HORSE, Kapteeninkatu 11, 00140 Helsinki, Cuisines: Scandinavian, P.09 628 169, <http://www.seahorse.fi>

RESTAURANT CHEF & SOMMELIER, Huvilakatu 28, 00150 Helsinki, 358 400 959440, hello@chefetsommelier.fi, <http://chefetsommelier.fi/en>

RESTAURACJA KONSTAN MÖLJÄ, Hietalahdenkatu 14, 00180 Helsinki, Cuisines: Scandinavian, tel. 358 0 9 694 75 04, konstanmolja@kolumbus.fi, <http://www.kolumbus.fi/konstanmolja>

RESTAURANT KUU, Töölönkatu 27, 00260 HELSINKI, Tel. 09 2709 0973, ravintola@ravintolakuu.info, <http://www.ravintolakuu.info/en>

RESTAURANT SPIS, Kasarmikatu 26, 00130 Helsinki, T:358 0 45 305 1211 Cuisines: Scandinavian, info@spis.fi, <http://spis.fi>

SALVE, Hietalahdenranta 11, FI-00180 Helsinki, Tel: 358 (0)10 76 64280, Cuisines: Russian, Scandinavian, salve.ravintola@sok.fi, <http://www.ravintolasalve.fi>

SOLO SOKOS HOTEL TORNI ,Yrjönkatu 26 ,00100 Helsinki,P:020 1234 604
torni.helsinki@sokoshotels.fi , <http://www.sokoshoteltonni.fi/ateljee-bar.html>
VAELSA,Annankatu 4, 00120 Helsinki, Finlandia,358 9 6980012, Cuisines: Italian ,
www.vaelsa.fi



BUS & RAILWAY STATIONS

ESKELISEN LAPIN LINJAT ,Koskikatu 49-53 FI-96100 Rovaniemi,Tel. 358 16 3422 160, info@eskelisen.fi , <http://www.eskelisen.fi/en>
EXPRESSBUS,<http://www.expressbus.fi>
MATKAHUOLTOLauttasaarentie 8, P.O. Box 111,FI-00201 Helsinki, FINLAND,
 Tel:358 20 710 5000,<https://www.matkahuolto.fi/en>
ONNIBUS.COM,Tel:358 600 02010, <http://www.onnibus.com/en>
OY KARELIAN TRAINS LTD,P.O Box 488 (Vilhonkatu 13),FI-00101 Helsinki,
 Finland ,Tel:358 40 5241580,Fax:358 307 21 700,mikko.vahtola@kareliantains.fi,
<http://www.kareliantains.fi/fi/index.html>
VR,Tel:358 307 23 702,viitysmyynti.helsinki@vr.fi , <https://www.vr.fi/cs/vr/en/frontpage>

HELICOPTERS

HELIKOPTERIKESKUS OY HELSINKI,Helikopteri Center Inc. Helsinki,
 Hernesaarenranta 13,00150 HELSINKI,FINLAND,Phone:358 9 686 0630,
mail@helikopterikeskus.com <http://www.helikopterikeskus.com>
HELSINKI CITY RIDE,helcityride@yahoo.com
<http://www.helsinki-cityride.com/Sightseeing-by-Helicopter-bbaaaana.asp>
HELIFLITE,Sodankylän Airpot,99600 SODANKYLÄ,FINLAND, Tel:358 400 155 111,
 Fax:016 615 342, contact@heliflite.fi , <http://www.heliflite.fi/en>
HELITOUR, Helsinki-Malmi Airport,FIN-00700 Helsinki,Tel: 358 9 37 45 100, fax:
 358 9 387 38 87,olavi.linkovesi@helitour.fi , <http://www.helitour.fi/en>

CAR HIRE/TAXIS/SERVICES

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 Finland,Tel:358 3 6120221,hari.kokko@firent.fi , www.firent.fi
AVIS,<http://www.avis.co.uk/drive-avis/car-hire-locations/europe/finland>
BUDGET,Tel: 358 10 4362 30,reservations@budget.fi , <http://www.budget.fi/gb>
EUROPCAR,Tampere Airport,TAMPERE AIRPORT, Finland, P:358 403062832,
<https://www.europcar.com/location/finland>
HELSINGIN TAKSI-DATA OY,Asesepänkuja 2,Helsinki, Finland, Tel:358 100
 0700,www.taksihelsinki.fi
HELSINKI VANTAA AIRPORT, Phone: 020 5552100,
<https://www.hertz.co.uk/p/car-hire/finland>
JYVÄSKYLÄN ALUETAksi TAXI,Ailakinkatu 5,Jyväskylä, Finland, Tel:358 100
 6900,www.iklaluetaksi.fi
SCANDIA RENT, P.O.BOX 9 , 33901 Tampere, Fi ,Tel:358 600 550099,
timo.raimovaara@scandiarent.fi , <http://www.scandiarent.com>
SIXT AUTOVUOKRAAMO,Terminaali 1, Car Rental Center,Helsinki-Vantaa
 Lentoasema, Vanda, Finland,Tel:358 20 1122515,www.fi.sixt.com
YELLOW LINE OY /AIRPORT TAXI,Teletie 1,Vantaa, Finland, Tel:358 600
 555555,www.airporttaxi.fi

HISTORICAL SITES

FORTRESS OF SUOMENLINNA ,Tel:358 0 295 338 410,info@suomenlinna.fi,
<http://www.suomenlinna.fi/en>
ROCK CHURCH TEMPELLIAUKIO,Lutherinkatu 3, 00100 Helsinki,Tel:358 0 9
 2340 6320,toolo.srk@evl.fi <http://www.helsinginkirkot.fi/en/churches/rock-church-temppeliaukio>

ENTERTAINMENTS

HELSINKI
ADVENTURE PARK KORKEE ,Tel:040 966 4850, info@korkee.fi,
<http://korkee.fi>
BICYCLEAN HELSINKI,Luotsikatu 14, 00160 Helsinki, Tel:358 0
 442915331,info@bicycleanhelsinki.com , www.bicycleanhelsinki.com
BURN OUT CITY OY AB,Tel:358 50 5520857 , info@burnoutcity.fi,
<http://burnoutcity.fi/en>
HAPPY GUIDE HELSINKI,Tel: 358445020066,
happyguidehelsinki@gmail.com , <http://www.hassutourshelsinki.com>
SEA LIFE HELSINKI, Tivolitie 10, 00510 Helsinki, 09 5658 200,
info@sealife.fi , <https://www.visitsealife.com/helsinki>
STROMMA - SIGHTSEEING BY BOAT , Tel.358 9 2288 1200, Fax 358 9
 2288 1799,sales@stromma.fi , <http://www.stromma.fi/en>

NATIONAL PARKS & ZOOS

HELSINKI
HELSINKI ZOO,P.O. Box 4600, 00099 CITY OF HELSINKI,
 Mustikkamaanpolku 12,Tel:358 09 310 37409,zoo.asy@hel.fi,
<http://www.korkeasaari.fi/helsinki-zoo>



MUSEUMS/GALLERIES

HELSINKI
ATENEUM ART MUSEUM ,Tel:358 0 294 500 401, <http://www.ateneum.fi/en>
DESIGN MUSEUM **TAIDETEOLLISUUSMUSEO**,
 DesignmuseoKorkeavuorenkatu 23,00130, Helsinkiinfo@designmuseum.fi,
 Tel:358 9 6220 540, <http://www.designmuseum.fi/en>
HELSINKI ART MUSEUM,<http://www.hel.fi/hki/taimu/en/home>
HELTOURS HELSINKI BIKE TOURS ,Tel:358 40 5690 727,
[info@hel.tours.com](http://hel.tours.com) , <http://www.hel.tours.com>
NATIONAL BOARD OF ANTIQUITIES,P.O.Box 913, FI-00101 Helsinki,
 Finland,Tel:358 9 40 501,museovirasto.kirjaamo@nba.fi , <http://www.nba.fi/en>
SINEBRYCHOFF ART MUSEUM,Bulevardi 40,00120 Helsinki,FINLAND,
 Tel:358 294 500 460,sifinfo@siff.fi , <http://www.sinebrychhoffintaidemuseo.fi/en>

SHOPPING CENTRES & MALLS

HELSINKI
FORUM SHOPPING CENTER ,Mannerheimintie 14–20,00100 Helsinki, Tel:
 09 565 74 523,<http://www.forum.fi/en>
GALLERIA ESPLANAD ,Katja Hatakka,Realprojekti Oy,Mikonkatu 7 A, 4th
 floor,00100 Helsinki Finland,Mobile:358 40 152 1597,
katja.hatakka@realprojekti.fi , <http://www.galleriaesplanad.fi/en>
ITAKESKUS SHOPPING COMPLEX ,Itäkatu 1-7,00930 HelsinkiKiltksen
 info,Tel:040 5549 101,<http://itis.fi/fi>
KAMPPI SHOPPING CENTRE ,tel. 358 50 522 2322,
mleivo@cornerstoneadvisers.com , <https://www.kamppi.fi/en>

HEALTH CLUBS / SPAAS

ARLA SAUNA , Tel:09 719 218 , www.arlansauna.net
KOTIHARJUN SAUNA, Harjutorinkatu 1,00500, Helsinki, Tel:358 9 753
 1535,<http://www.kotiharjunsuuna.fi>
SAUNA HERMANNI ,Tel.09 701 2424,saunahermanni@gmail.com,
<http://www.saunahermanni.fi>
VILLA KAURILA,Kaurilan Sauna&Punsseli koru,kaurilansauna@gmail.com ,
 Tel:358 50 597 3359,<http://www.punsseli.fi>

TOURIST OFFICES INFO.

HELSINKI TOURIST INFORMATION, Pohjoisesplanadi 19, Tel. 358 0 9 3101 3300, tourist.info@hel.fi, <http://www.visithelsinki.fi/en>
ROVANIEMI TOURIST INFORMATION, Maakuntakatu 29-31, 96200 Rovaniemi, Finlandia, info@visitrovaniemi.fi, <http://www.visitrovaniemi.fi>
VISIT TURKU, Matkailuneuvonta, Aurakatu 2, 20100 Turku, Puh. 02 262 7444, info@visitturku.fi, <http://www.visitturku.fi>

MONEY EXCHANGE & BANKS

BANK OF FINLAND, Snellmaninaukio, PO Box 160, 00101 Helsinki, Tel. 358 10 8311, <https://www.suomenpankki.fi/en>
MONEY EXCHANGE, Tel: 358 9 7531 176, <https://www.finavia.fi/en/helsinki-airport/services/currency-cash/change-group-2>

POLICE & LAWYERS

ASIANAJOTOIMISTO PELTONEN LMR OY, Fabianinkatu 23, 00130 Helsinki, Finlandia, Tele: 358 9 4176030, <https://www.dlapiper.com/en>
CASTRÉN & SNELLMAN ATTORNEYS LTD, PO Box 233 Eteläesplanadi 14, Helsinki, Finland, Tel: 358 0 20 7765 765, Fax: 358 0 20 7765 001, firstname.lastname@castrén.fi, <http://www.castrén.fi>
HANNES SNELLMAN ATTORNEYS LTD, Eteläesplanadi 20 / P.O.Box 333, 00130 / 00131 Helsinki, Finland, Tel: 358 9 228 841, Fax: 358 9 177 393, <http://www.hannessnellman.com>
POLICE OF FINLAND, Tel: 0295 419 800, neuvontapalvelu@poliisi.fi, <http://www.poliisi.fi>
SUOMEN ASIANAJAJALIITTO - FINLANDS ADVOKATFÖRBUND, Finland, Tel: 358 9 6866120, info@barassociation.fi, <https://www.asianajajaliitto.fi/en>

HOSPITALS, DENTISTS

AURORA HOSPITAL, Nordenskiöldinkatu 20, Helsinki, P.O. Box 348, FIN-00029 HUS, Tel: 09 310 65605
CHILDREN'S HOSPITAL, Stenbäckinkatu 11, Helsinki, P.O. Box 281, FIN-00029 HUS, Tel. 09 4711, Int. tel. +358 9 4711, <http://www.hus.fi/en/medical-care/hospitals/childrens-hospital/Pages/default.aspx>
EYE AND EAR HOSPITAL, Haartmaninkatu 4 C - 4E, Helsinki, P.O. Box 220, FIN-00029 HUS, Tel. 09 4711, <http://www.hus.fi/en/medical-care/hospitals/eye-and-ear-hospital/Pages/default.aspx>
HELSINKI HOSPITAL, Bulevardi 22, 00120 Helsinki, Phone: 358 941700100, Fax: 358 96980114, info@helsinkihospital.com, <http://www.helsinkihospital.com/en>
JORVI HOSPITAL, Turuntie 150, Espoo, P.O. Box 800, 00029 HUS, Tel. 09 4711, Int. tel. +358 9 4711, Fax: 358 9 471 85900, <http://www.hus.fi/en/medical-care/hospitals/jorvi-hospital/Pages/default.aspx>

EMBASSY & CONSULATE

BRITISH EMBASSY, Itäinen Puistotie 17, 00140 Helsinki, Finlandia, Tel: 358 9 22865100, <https://www.gov.uk/government/world/organisations/british-embassy-helsinki>
BRITISH HONORARY CONSULATE IN TURKU, FINLAND, Turku, Finland, TEL: 358 9 228 651 00, jari.lahteenmaki-honcon@fconet.fco.gov.uk
EMBASSY OF INDIA, Kulosaaarentie 32, 00570 Helsinki, FINLAND, Tel: 358 0 9 228 99 10, Fax : 358 0 9 622 12 08, Visa & Consular Services: visacons.helsinki@mea.gov.in; cons.helsinki@mea.gov.in; <http://www.indianembassy.fi>
U.S. EMBASSY HELSINKI, Itäinen Puistotie 14 B, 00140 Helsinki, Finland, Phone: 358 9616250, <https://fi.usembassy.gov>

EVENTS

BALTIC JAZZ, TAALINTEHDAS, Phone: 358 440 790 340, baltic.jazz@kimitoon.fi, www.balticjazz.com
DANCE CURRENT – CONTEMPORARY DANCE FESTIVAL, Office Hällänäyttämö, Hämeenkatu 25, FI-33200 Tampere, Phone: 358 50 556 6025, tuotanto@tanssivirtaa.net, www.tanssivirtaa.net
HELSINKI FESTIVAL, Finland's largest arts festival, Phone: 358 9 6126 5100, www.helsinginjuhlaviikot.fi, info@helsinki festival.fi
LAHTI ORGAN FESTIVAL, Phone: 358 3 877 230, urkuviikko@lahtiorgan.fi, www.lahtiorgan.fi
LAKESIDE BLUES FESTIVAL, JÄRVENPÄÄ, Phone: 358 9 271 1305, info@puistoblues.fi, www.puistoblues.fi
MIDNIGHT SUN FILM FESTIVAL, SODANKYLÄ, Phone: 358 400 856 080, office@msfilmfestival.fi, www.msfilmfestival.fi

ROKUMENTTI MUSIC FILM FESTIVAL, JOENSUU, info@rokumentti.com, www.rokumentti.com
SAVONLINNA OPERA FESTIVAL, Phone: 358 15 476 750, www.operafestival.fi, info@operafestival.fi
TANGO FESTIVAL IN SEINÄJOKI, Phone: 358 6 420 1111, info@tangomarkkinat.fi, www.tangomarkkinat.fi
WORKERS' MUSIC FESTIVAL, VALKEAKOSKI, Phone: 358 40 525 7177, info@valmu.com, www.valmu.com
WORLD VILLAGE FESTIVAL, HELSINKI, Multi-Arts Festivals, Office Töölöntorinkatu 2 A, FI-00260 Helsinki, Phone: 358 9 584 233, info@maailmakylässä.fi, www.maailmakylässä.fi

