

## CUBA

**Country Dialling Code (Tel/Fax): ++53**

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**Capital:** Havana **Time:** GMT - 5

**Background:** Fidel CASTRO led a rebel army to victory in 1959; his iron will has held the country together since. Cuba's communist revolution, with Soviet support, was exported throughout Latin America and Africa during the 1960s, 70s, and 80s. The country is now slowly recovering from a severe economic recession following the withdrawal of former Soviet subsidies, worth \$4 billion to \$6 billion annually, in 1990. Havana blames its difficulties on the US embargo in place since 1962.

**Location:** Caribbean, island between the Caribbean Sea and the North Atlantic Ocean, south of Florida

**Map References:** Central America and the Caribbean

**Climate:** tropical; moderated by trade winds; dry season (November to April); rainy season (May to October)

**Terrain:** mostly flat to rolling plains, with rugged hills and mountains in the southeast  
**Natural Resources:** cobalt, nickel, iron ore, copper, manganese, salt, timber, silica, petroleum, arable land

**Population:** 11,141,997 (July 2000 est.)

**Nationality:** noun: Cuban(s) adjective: Cuban

**Ethnic Groups:** mulatto 51%, white 37%, black 11%, Chinese 1%

**Religions:** nominally 85% Roman Catholic prior to CASTRO assuming power; Protestants, Jehovah's Witnesses, Jews, and Santería are also represented

**Languages:** Spanish

**Economy:** The state under the durable dictatorship of Fidel CASTRO plays the primary role in the domestic economy and controls practically all foreign trade. The government has undertaken several reforms in recent years to stem excess liquidity, increase labor incentives, and alleviate serious shortages of food, consumer goods, and services. The liberalized agricultural markets introduced in October 1994, at which state and private farmers sell above-quota production at unrestricted prices, have broadened legal consumption alternatives and reduced black market prices. Government efforts to lower subsidies to unprofitable enterprises and to shrink the money supply caused the semi-official exchange rate for the Cuban peso to move from a peak of 120 to the dollar in the summer of 1994 to 21 to the dollar by yearend 1999. New taxes introduced in 1996 have helped drive down the number of self-employed workers from 208,000 in January 1996. Havana announced in 1995 that GDP declined by 35% during 1989-93, the result of lost Soviet aid and domestic inefficiencies. The drop in GDP apparently halted in 1994, when Cuba reported 0.7% growth, followed by increases of 2.5% in 1995 and 7.8% in 1996. Growth slowed again in 1997 and 1998 to 2.5% and 1.2% respectively. Growth recovered again in 1999 with a 6.2% increase in GDP, due to the continued growth of tourism. Central control is complicated by the existence of the informal economy, much of which is denominated in dollars. Living standards for the average (dollarless) Cuban remain at a depressed level compared with 1990. The continuation of gradual economic reforms and increase in tourism suggest growth of 4% to 5% in 2000.

**Industries:** sugar, petroleum, food, tobacco, textiles, chemicals, paper and wood products, metals (particularly nickel), cement, fertilizers, consumer goods, agricultural machinery

**Currency:** 1 Cuban peso (Cu\$) = 100 centavos

**Railways:** total: 4,807 km standard gauge; 4,807 km 1.435-m gauge (147 km electrified) note: a large amount of track is in private use by sugar plantations

**Highways:** total: 60,858 km paved; 29,820 km (including 638 km of expressway) unpaved: 31,038 km (1997 est.)

**Waterways:** 240 km

**Ports and Harbors:** Cienfuegos, Havana, Manzanillo, Mariel, Matanzas, Nuevitas, Santiago de Cuba

**Airports:** 170 (1999 est.) Airports - with paved runways: total: 77 over 3,047 m: 7 2,438 to 3,047 m: 9 1,524 to 2,437 m: 15 914 to 1,523 m: 11 under 914 m: 35 (1999 est.) Airports - with unpaved runways: total: 93 914 to 1,523 m: 32 under 914 m: 61 (1999 est.)

**Visa:** required by all except those carry a Tourist Visa Card

**Duty Free:** goods permitted: 200 cigarettes or 50 cigars or 250g of tobacco, 3 bottles of alcoholic beverages, gifts up to the value of US\$50, 10kg of medicines.

**Health:** no specific precautions.

## HOTELS•MOTELS•INNS

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**HOTEL EL CASTILLO,** Baracoa, <http://www.hotelescastillocuba.com>

**EL CASTILLO,** , Calixto Garcia, Loma Del Paraiso, Tel: +53 42103

**LA RUSA,** Maximo Gomez No 161, Tel: +53 42102

**PORTO SANTO,** Carretera Central, KM 3, Tel: +53 3581

**BAYAMO**

**SIERRA MAESTRA,** Carretera A Santiago De Cuba, Tel: +53 45013

**CAMAGUEY**

**CAMAGUEY,** Avenida Ignacio Agromonte, Tel: +53 322 82490

**CAYO COCO**

**IBEROSTAR MOJITO,** Ave. Los Hoteles, Cayo Coco, Cuba, Tel: 53 33 301470,

<http://www.iberostar.com/hoteles/cayo-coco/iberostar-mojito>

**MELIA CAYO COCO,** Jardines del Rey, Cayo Coco - Ciego de Ávila 00000, Cuba, Tel: 53 33 301180, [melia.cayo.coco@melia.com](mailto:melia.cayo.coco@melia.com)

<http://www.melia.com/en/hotels/cuba/cayo-coco/melia-cayo-coco-en/index.html>

**MEMORIES FLAMENCO BEACH RESORT,** Cayo Coco, Jardines del Rey, Cuba, Phone: 53 33 304100, [info@memoriesresorts.com](mailto:info@memoriesresorts.com) ,

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<http://www.pestana.com/en/pestanacayo-coco/pages/home.aspx>

**SOL CAYO COCO** , Jardines del Rey, 00000, Cayo Coco , CUBA , Tel: 53 33 301280, [sol.cayo.coco@melia.com](mailto:sol.cayo.coco@melia.com),

<http://www.melia.com/en/hotels/cuba/cayo-coco/sol-cayo-coco/home.htm>

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**MEMORIES PARAISO BEACH RESORT,** Cayo Santa María , Cuba, [info@memoriesresorts.com](mailto:info@memoriesresorts.com)

<http://www.memoriesresorts.com/memoriesparaiso/default.asp>

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**HOTEL FLORIDA HAVANA**, <http://www.hotelfloridacuba.com/index.htm>

**HOTEL LOS FRAILES**, Havana, Cuba, Calle Teniente Rey No. 8 e/ Mercaderes y Oficios. Ciudad de La Habana - <http://www.hotellosfrailescuba.com>

**HOTEL NACIONAL DE CUBA**, Calle 21 y O, Vedado, Plaza, Ciudad de la Habana, Cuba, 53 7 836 3564 al 67, <http://www.hotelnacionaldecuba.com>

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**HOTEL RAQUEL HAVANA**, Calle Amargura, No. 103 esq. a San Ignacio, Havana Vieja, T:53 7 8608280, [http://www.hotelraquel-cuba.com/hotel\\_details.asp](http://www.hotelraquel-cuba.com/hotel_details.asp)

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**BLAU VARADERO HOTEL CUBA**, Carretera de Las Morlas, Varadero, Tel. 53 45 667 545, [salesmanager@blauvaradero.tur.cu](mailto:salesmanager@blauvaradero.tur.cu), <http://www.blau-hotels-cuba.com/es/blau-varadero-hotel.html>

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**IBEROSTAR PLAYA ALAMEDA**, Punta Hicacos Varadero, Cuba, Tel: 0053 45 668822, [comercial@playaalamedavaradero.co.cu](mailto:comercial@playaalamedavaradero.co.cu), <http://www.iberostar.com/en/hotels/varadero/iberostar-playa-alameda>

**IBEROSTAR TAINOS**, Las Morlas, Varadero, Cuba, Tel: 53 45 668 656, [rpp@ibstain.gca.tur.cu](mailto:rpp@ibstain.gca.tur.cu), <http://www.iberostar.com/en/hotels/varadero/iberostar-tainos>

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**CIEGO DE AVILA-MAXIMO GOMEZ INT'L AIRPORT**, Ciego de Avila Airport, Cuba, Ciego de Avila, Tel: +53 (0)33 25738, Fax: +53 (0)33 335489

**CIENFUEGOS** - Jamie González Int'l Airport (CFG/MUCF), Cienfuegos Airport, Cuba, Cienfuegos, Tel: +53 (0)432 451328, +53 (0)432 452047, Fax: +53 (0)432 451328

**CUBANA DE AVIACION**, Region: Central America & Caribbean, Address: Calle 23 No. 64 esq a infanta Vedado Havana, Tel: 0053 7 33 49 49/50, Fax: 0053 7 33 40 56, Web site: [www.cubana.cu](http://www.cubana.cu), Main Base: Havana

**HOLGUIN-FRANK PAIS INT'L AIRPORT** (HOG/MUHG), Holguin Airport, Cuba, Holguin, Tel: +53 (0)24 335487, Fax: +53 (0)24 335487

**LA HAVANA - JOSE MARTI INTERNATIONAL AIRPORT**, Havana Airport, Cuba, Rancho Boyeros, Havana, Tel: +53 (0)6 497063, Fax: +53 (0)6 495723, Email: [ajjm@hav.ecasa.avianet.cu](mailto:ajjm@hav.ecasa.avianet.cu), Website: [www.airportcuba.com](http://www.airportcuba.com)

**MANZANILLO-SIERRA MAESTRA INT'L AIRPORT**, Manzanillo Airport, Cuba, Manzanillo, Tel: +53 (0)23 335497, Fax: +53 (0)23 335497

**SANTIAGO - ANTONIO MACEO AIRPORT**, Santiago Airport, Cuba, Santiago de Cuba City, Tel: +53 (0)226 691014, +53 (0)226 691880, Fax: +53 (0)226 91880

**VARADERO-JUAN G GOMEZ INT'L AIRPORT** (VRA/MUVR), Matanzas Airport, Cuba, Varadero, Matanzas, Tel: +53 (0)5 53612/3, Fax: +53 (0)5 5361



## RESTAURANTS & BARS

### HAVANA

**ATELIER- RESTAURANTE PALADAR EN HABANA CUBA**, Calle 5ta., No. 511 altos, entre Paseo y 2, Vedado. La Habana, Cuba, Cuisines: Cuban T: 537 836 2025, [reservar@atelier-cuba.com](mailto:reservar@atelier-cuba.com), <http://www.atelier-cuba.com>

**BELLAHABANA**, Calle 6 y 7ma No.512 Miramar, Playa, La Habana, Cuba, Tel: 537 203 8364, [contacto@bellahabana.com](mailto:contacto@bellahabana.com), <http://www.bellahabana.com>

**LA GUARIDA**, Concordia No.418 /Gervasio y Escobar. Centro Habana, Cuisines: Cuban, Tel: 537 8669047, [paladar@laquarida.com](mailto:paladar@laquarida.com), <http://www.laquarida.com>

**LOS COMPADRES**, T:537 2036908 Calle 66A 3119, esquina a 41, Playa, La Habana, Cuba, Cuisines: Mexican, [info@loscompadrescuba.com](mailto:info@loscompadrescuba.com), <http://www.loscompadrescuba.com>

**RESTAURANTE BAR MEDITERRANEO-HAVANA**, Calle 13 406 e/ F y G, Vedado. La Habana, Cuba, Cuisines: Italian, Mediterranean, Seafood, Pizza & Pasta, Wine Bar, 537 832-4894, [info@medhavana.com](mailto:info@medhavana.com), <http://medhavana.com>

**RESTAURANT LA CASA**, Calle 30 865 e/ 26 y 41, Nuevo Vedado, La Habana, Cuba, T:537 881 7000, <http://www.restaurantelacasacuba.com>

### HOLGUIN



**1910 RESTAURANTE & BAR**, Holguin, Cuisines: International, T:53 24 42 3994,  
[info@1910restaurantebar.com](mailto:info@1910restaurantebar.com),  
<http://www.1910restaurantebar.com>

### SANTA CRUZ DEL NORTE

**LOS AMIGOS, RESTAURANT-BAR**, Vía Blanca, Santa Cruz Norte, Cuisines: Cuban, Phone: 047293109, [rest.losamigos.santacruz@gmail.com](mailto:rest.losamigos.santacruz@gmail.com), <http://losamigosantacruz.com>

### TRINIDAD

**RESTAURANTE SAN JOSE**, Maceo Gutierrez street 382, Trinidad, Cuba Phone: 00 53 41 994702, <http://restaurantbarsanjose.com>

3 Milion Facts are listed on our Website



## TRAVEL & TOUR AGENCY

### HAVANA



<http://www.cubaism.com>

**BUS & RAILWAY STATIONS**

**ASTRO BUS**, [http://www.cuba-individual.com/e\\_horario.htm#Verkehrsmittel](http://www.cuba-individual.com/e_horario.htm#Verkehrsmittel)  
**HAVANA SUBURBAN RAILWAY**,  
[http://en.wikipedia.org/wiki/Havana\\_Suburban\\_Railway](http://en.wikipedia.org/wiki/Havana_Suburban_Railway)  
**HERSHEY ELECTRIC RAILWAY**,  
[http://www.tripadvisor.co.uk/LocationPhotoDirectLink-g147271-d1011269-i52110719-Hershey\\_Train-Havana\\_Cuba.html](http://www.tripadvisor.co.uk/LocationPhotoDirectLink-g147271-d1011269-i52110719-Hershey_Train-Havana_Cuba.html)  
**VIAZUL BUS**, Avenida 26 y Zoológico, Nuevo Vedado, Ciudad de La Habana, Cuba,  
 Tel: 53 07 8836092, [sales@viazul.com](mailto:sales@viazul.com), <http://www.viazul.com>

**CAR HIRE/TAXIS/SERVICES**

**CARRENTALCUBA**, Tel: 31 20 794 7962, <http://www.carrentalcuba.com>  
**COCO TAXI**,  
[http://www.virtualtourist.com/travel/Caribbean\\_and\\_Central\\_America/Cuba/Provincia\\_de\\_Matanzas/Varadero-1650834/Transportation-Varadero-Coco\\_Taxi-BR-1.html](http://www.virtualtourist.com/travel/Caribbean_and_Central_America/Cuba/Provincia_de_Matanzas/Varadero-1650834/Transportation-Varadero-Coco_Taxi-BR-1.html)  
**HAVANA CAR HIRE**, Tel: 53 7 863 9555, [idelisis@clubaism.com](mailto:idelisis@clubaism.com),  
<http://www.havanacarhire.com>  
**PRIVATE CAR/TAXI ,REGULAR CABS**, [contact@clubavacationstravel.com](mailto:contact@clubavacationstravel.com),  
[http://www.clubavacationstravel.com/cuba\\_taxi\\_prices.php](http://www.clubavacationstravel.com/cuba_taxi_prices.php)  
**SUN TRAVEL**, Phone: 1 905 597 1765 ,1 800 597 1806, [rental@suntravel.net](mailto:rental@suntravel.net),  
<http://www.mycubacar.com>  
**TAXIVINALESCUBA**, Tel: 53 58343180, [contact@taxivinalescuba.com](mailto:contact@taxivinalescuba.com),  
<http://taxivinalescuba.com>  
**WOWCUBA**, Tel: 53 77990759, [comercial@wowcuba.com](mailto:comercial@wowcuba.com), <http://www.wowcuba.com>

**CRUISE & SHIPPING LINES**

**CRUISEAWAY**, Tel: 1300 887 590, [bookings@cruiseaway.com.au](mailto:bookings@cruiseaway.com.au),  
<http://www.cruiseaway.com.au/ships/cuba-cruise>  
**FRED. OLSEN CRUISE LINES**, White House Road, Tel: 44 0 1473 746167, 0845 421 3672, Ipswich, Suffolk, IP1 5LL, [internet@fredolsen.co.uk](mailto:internet@fredolsen.co.uk),  
<http://www.fredolsencruises.com/places-we-visit/country/cuba-cruises>  
**SWAN HELLENIC**, Compass House, Rockingham Road, Market Harborough, Leicestershire, LE16 7QD, Tel: 0844 273 5631, [enquiries@swanhellenic.com](mailto:enquiries@swanhellenic.com),  
<http://www.swanhellenic.com>  
**VOYAGES OF DISCOVERY**, Compass House, Rockingham Road, Market Harborough, Leicestershire, LE16 7QD, Tel: 01858 898182, 44 1858 588387, [pressoffice@alh.co.uk](mailto:pressoffice@alh.co.uk), <http://www.voyagesofdiscovery.co.uk>

**HEALTH CLUBS / SPAAS**

**CAYO COCO**,  
**ACUAVIDA SPA TALASO CAYO COCO**,  
<http://www.cayocococuba.net/acuavida.html>  
**CAYO SANTA MARIA**,  
**MELIA BUENAVISTA SPA CAYO SANTA MARIA**, Tel: 537 204 55771441,  
<http://www.meliacuba.com/cuba-hotels/hotel-melia-buenavista>  
**PUEBLO LA ESTRELLA CAYO SANTA MARIA**,  
[http://www.cayosantamaria.info/pueblo\\_laestrella.html](http://www.cayosantamaria.info/pueblo_laestrella.html)  
**HAVANA**  
**CUBA MASSAGE HAVANA**, Calle Compostela 307, Havana 10400, Cuba,  
 Phone: 52990428, <https://cubamassage.wordpress.com>  
**POLOVOH, HEALTH & BEAUTY SPA**, Calle 36, 88 E/39 and 41st Street Vedado, Havana, Cuba, Phone: 5378814829

**MUSEUMS/GALLERIES**

**HAVANA**  
**CAR MUSEUM**, Calle Oficios No. 12 y Callejón de Jústiz. La Habana Vieja. Ciudad de La Habana  
**NATIONAL MUSEUM OF FINE ARTS HAVANA**, Calle Trocadero e/ Zulueta y Monserrate, Havana, Cuba, <http://www.bellasartes.cult.cu>  
**TRINIDAD**  
**ROMANCE MUSEUM TRINIDAD**, Calle Fernando Hernández Echেমendía No. 52, Plaza Mayor, Trinidad

**DIVING SCHOOLS**

**CAYO COCO**  
**MELIA CAYO COCO DIVING CENTER**, Jardines del Rey Ciego de Ávila, 22300, Cuba, Tel: 537 204 55771441, <http://www.meliacuba.com/cuba-hotels/hotel-melia-cayococo>

**MATANZAS**

**CLUB SCUBAZUL MATANZAS**, 39B St.16622, 166 & 168 Pastorita, Matanzas, Cuba, Mobile: 53 52 71 7672, 53 52 5949, <http://www.clubscubazul.com>

**VARADERO**

**ADVENTURE DIVERS VARADERO**, t: 705 7409990, f: 705 740 9991, [info@adventuredivers.ca](mailto:info@adventuredivers.ca), <http://www.adventuredivers.ca>  
**CUBA KITERS VARADERO**, [info@cubakiters.com](mailto:info@cubakiters.com),  
<http://www.cubakiters.com/en>

**GAVIOTA MARINA DIVE CENTRE VARADERO**, Tel. 53 45 664115, [director.comercial@marinagav.co.cu](mailto:director.comercial@marinagav.co.cu),  
[reserva@marinagav.co.cu](mailto:reserva@marinagav.co.cu), <http://www.gaviota-grupo.com/en/marina/marina-gaviota-varadero>

**VARADIVING VARADERO**, Tel: 53 52636525, [varadivingcuba@gmail.com](mailto:varadivingcuba@gmail.com),  
<http://varadiving.iimdo.com>

**ENTERTAINMENTS****CAYO SANTA MARIA**

**CENTRE DE PLONGEE, MARINA GAVIOTA A CAYO SANTA MARIA**, Cayo Las Brujas, Cayeria Norte de Villa Clara, Cayo, Phone: 042350013 12

**HAVANA**

**CUBARUTA BIKES HAVANA**, phone: 53 52476633,  
[contacto@cubarutabikes.com](mailto:contacto@cubarutabikes.com), <http://www.cubarutabikes.com/en>

**Havana Kiteboarding Club,**

Plaza Cobre e/ 12 y 14, Tarara, Habana del Este,

Tel: 53 58049656 , 53 52677838,

[info@hkckite.com](mailto:info@hkckite.com),

<http://www.havanakite.com>

**TRINIDAD**

**TRINIDAD TRAVELS**, Antonio Maceo 613-A, Trinidad 62600, Cuba, Tel: 53 5 2823726, [www.trinidadtravels.com](http://www.trinidadtravels.com)

**VARADERO**

**CARIBBEANRIDERS KITESCHOOL**, Varadero Cuba, [vdial1@gmail.com](mailto:vdial1@gmail.com),  
<http://varaderokiteschool.com>

**CUBATREASURES VARADERO**, Ave. 1ra e/ 14 y 15, beside Hotel Varazul, Varadero 24400, Cuba, Phone: 647 6934612,  
[info@cubatreasures.com](mailto:info@cubatreasures.com)

**FERTOURS 2 CUBA**, Autopista Sur, Varadero, Cuba, Tel: 53 52716015,  
[fertours2cuba@gmail.com](mailto:fertours2cuba@gmail.com), <http://www.fertours2cuba.com>

**KE BOLA KITEBOARDING SCHOOL**, Riu Varadero Beach Varadero Beachfront, Phone: 53 5 4123452

**VARADERO GOLF CLUB**, XANADU MANSIÓN, Dupont de Nemours, Carretera Las Americas KM 8 1/2, Autopista Sur, Varadero, Matanzas, Cuba, Tel: 53 45 668482, Fax: 53 45 668481, [info@varaderogolfclub.com](mailto:info@varaderogolfclub.com),  
<http://www.varaderogolfclub.com/en>

**VARADERO INTERNATIONAL SKYDIVING CENTRE**, Carretera Via Blanca, Km 11/2, Varadero, Matanzas, Cuba, Phone: 53 5 667256,  
[skyqators@cubairsports.itgo.com](mailto:skyqators@cubairsports.itgo.com)

**SAFARI HUNTING CLUBS****VARADERO**

**JEEP SAFARI YUMURI DAY TOUR**, Avenida 1ra /Calles 26 y 27 Playa de Varadero Cuba, Varadero, Cuba, Phone: 045 614884