

## CAMEROON

## HOTELS•MOTELS•INNS



**Country Dialling Code (Tel/Fax): ++237**

**Capital: Yaoundé Time (GMT + 1)**

**Cameroon Tourism Office**, 740, Notre Dame Ouest, suite 109, Montréal, Québec H3C 3X6, Canada, Phone: +1 (514) 878-9797, Fax: +1 (514) 878-8199, [camerountourisme@aol.com](mailto:camerountourisme@aol.com), <http://cameroon-tourism.webs.com>

**Background:** The former French Cameroon and part of British Cameroon merged in 1961 to form the present country. Cameroon has generally enjoyed stability, which has permitted the development of agriculture, roads, and railways, as well as a petroleum industry. Despite movement toward democratic reform, political power remains firmly in the hands of an ethnic oligarchy.

**Location:** Western Africa, bordering the Bight of Biafra, between Equatorial Guinea and Nigeria

**Map References:** Africa

**Area:** total: 475,440 sq km land: 469,440 sq km water: 6,000 sq km

**Climate:** varies with terrain, from tropical along coast to semiarid and hot in north

**Terrain:** diverse, with coastal plain in southwest, dissected plateau in center, mountains in west, plains in north

**Population:** 15,421,937

**Nationality:** noun: Cameroonian(s) adjective: Cameroonian

**Ethnic Groups:** Cameroon Highlanders 31%, Equatorial Bantu 19%, Kirdi 11%, Fulani 10%, Northwestern Bantu 8%, Eastern Nigritic 7%, other African 13%, non-African less than 1%

**Religions:** indigenous beliefs 40%, Christian 40%, Muslim 20%

**Languages:** 24 major African language groups, English (official), French (official)

**Economy:** Because of its oil resources and favorable agricultural conditions, Cameroon has one of the best-endowed primary commodity economies in sub-Saharan Africa. Still, it faces many of the serious problems facing other underdeveloped countries, such as a top-heavy civil service and a generally unfavorable climate for business enterprise. Since 1990, the government has embarked on various IMF and World Bank programs designed to spur business investment, increase efficiency in agriculture, improve trade, and recapitalize the nation's banks. The government, however, has failed to press forward vigorously with these programs. The latest enhanced structural adjustment agreement was signed in October 1997; the parties hope this will prove more successful, yet government mismanagement and corruption remain problems. Inflation has been brought back under control. Progress toward privatization of remaining state industry should support continued economic growth in 2000.

**Industries:** petroleum production and refining, food processing, light consumer goods, textiles, lumber

**Currency:** 1 Communaute Financiere Africaine franc (CFAF) = 100 centimes

**Railways:** total: 1,104 km narrow gauge: 1,104 km 1.000-m gauge (1995 est.)

**Highways:** total: 34,300 km paved: 4,288 km unpaved: 30,012 km (1995 est.)

**Waterways:** 2,090 km; of decreasing importance

**Ports and Harbors:** Bonaberi, Douala, Garoua, Kribi, Tiko

**Airports:** 50 (1999 est.) Airports - with paved runways: total: 11 over 3,047 m: 2 2,438 to 3,047 m: 4 1,524 to 2,437 m: 3 914 to 1,523 m: 1 under 914 m: 1 (1999 est.) Airports - with unpaved runways: total: 39 1,524 to 2,437 m: 8 914 to 1,523 m: 20 under 914 m: 11 (1999 est.)

**Visa:** visa required by all, with a valid passport of 6 months and a yellow fever vaccination certificate.

**Duty Free:** goods permitted: 400 cigarettes or 50 cigars or 500g tobacco, 1 bottle of alcoholic beverage, 2 bottles of perfume.

**Health:** malaria and cholera risks. Wood potentially hazardous outside of main hotels

## DOUALA

**BEASURE JOUR**, Rue Parc at Rue Joffre B.P. 5368 DOUALA CAMEROON  
TEL: (237) 4226332 / 237 426322

**CAMERON HOTEL**, Carrefour des Fleches B.P. 5412 DOUALA CAMEROON  
TEL: (237) 421767

**DE DOUALA HOTEL**, Ave. du President Admadou Ahidjo B.P. 780 DOUALA  
CAMEROON TEL: (237) 425478

**HOTEL IBIS DOUALA**, rue Pierre Loti, Bonanjo BP 12086 - 0 - DOUALA -  
CAMEROON, Tel : (+237)33425760, Fax : (+237)33423605,  
<http://www.ibishotel.com/gb/hotel-0839-ibis-douala>

**LA FALAISE HOTEL**, Rue Kitchena B.P. 5300 DOUALA CAMEROON TEL:  
(237) 424646 (21)

**LE MERIDIEN DOUALA**, 35 Avenue des Cocotiers, PO Box 3232, Douala,  
Cameroon, Phone: (237) (3) 343 5000, Fax: (237) (3) 342 3507  
<http://www.starwoodhotels.com/lemeridien>

**NOVOTEL SAWA**, B.P. 2345- DOUALA CAMEROON TEL: (237) 421470

**PLANET HOTEL**, 12985 Douala-Cameroun, Telephone: +237 33 43 31 31,  
+237 96 85 87 07, Fax: +237 33 43 31 32, <http://www.planethoteldouala.com>

**PULLMAN AKWA PALACE**, 920 Blvd de la Liberte, Douala, Cameroon 4007,  
Phone: 237 342-0540, Email: [contact@hotel-akwa-palace.com](mailto:contact@hotel-akwa-palace.com), Web:  
<http://www.hotel-akwa-palace.com>

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Douala

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23 47 / 77 11 10 66, Email: [info@hotelvalleedesprinces.com](mailto:info@hotelvalleedesprinces.com),  
<http://www.hotelvalleedesprinces.com>

## DSCHANG

**TECLAIRE PALACE HOTEL**, B.P. 238 Dschang, Cameroun, Tel: (+237) 33 45  
11 75, Cel: (+237) 96 26 59 55, email: [info@tph-dschang.net](mailto:info@tph-dschang.net) ou  
[teclairpalacehotel@yahoo.fr](mailto:teclairpalacehotel@yahoo.fr)

## LIMBE

**HOTEL SEME BEACH**, Mile 11, Route d'Idenau, Limbe, Cameroon,  
<http://www.minotel.com>

**THE SAVOY PALMZ HOTEL**, Sonara Road P.O. Box 829, Limbe, Cameroon  
West Africa, Phone: 011-237-3333-3392, Fax: 011-237-3333-3474, Email:  
[GuestServices@savoypalmz.com](mailto:GuestServices@savoypalmz.com), <http://www.savoypalmz.com>

## YAOUNDE

**ALICE HOTEL**, Hébergement et restauration, Quartier Efulan- BP: 44 55  
Yaoundé, Tel: 22 31 63 58, E-mail: [alicehotelalice@yahoo.fr](mailto:alicehotelalice@yahoo.fr)

**DJEUGA PALACE HOTEL**, Avenue Narvick, Yaounde, Cameroon 2659, Phone:  
237 222-4646, Email: [djeugapalace@camnet.com](mailto:djeugapalace@camnet.com), Web: <http://www.djeuga-palace.com>

**ETS LE ROSIER ROUGE**, Elig Essono - BP 7444 Yaoundé, Tel: 22 22 08 43  
, Fax: 22 22 08 43, Email: [kamhouabron@yahoo.fr](mailto:kamhouabron@yahoo.fr)

**HÔTEL BRIQUE ROUGE**, Hôtel Restaurant, Face ENS Polytechnique - BP 469  
Melen Yaoundé, Tel: 75 82 18 90

**HOTEL GRAND CANARI**, 24 chambres, Tel: 22 31 37 48, 75 12 87 84, Email:  
[toqui71@yahoo.fr](mailto:toqui71@yahoo.fr)

**HOTEL LA ROCHE**, Nombre de chambres, 17, BP 57 88 Yaoundé, Tel: (237)  
22 21 64 95, 75 67 72 47, Email: [kouamdio@yahoo.fr](mailto:kouamdio@yahoo.fr)

**HOTEL LES PYRAMIDES**, Situé derrière le Lycée Bilingue / Nkolmesseng, BP:  
367 Yaoundé, Tél: (237) 22 22 34 91 / 99 96 43 81, Email:  
[tanguy\\_b@yahoo.fr](mailto:tanguy_b@yahoo.fr)

**HOTEL UNIVERSEL**, Hôtel, Bar, Restaurant, Tel: 22 02 56 23, Email:  
[hotel\\_universel@yahoo.fr](mailto:hotel_universel@yahoo.fr)

**MFANDENA HOTEL**, Mfandena II, Omnisport, BP 14925 Yaoundé, Tel: 22 21  
72 29, 22 21 72 30, Fax: 22 20 98 93,

**OLYMPIC HOTEL**, nouvelle route Camp Sonel - Essos - BP 15577 Yaoundé,  
Tel: 22 22 68 39, Fax: 22 23 77 25, Email: [nijmij@yahoo.fr](mailto:nijmij@yahoo.fr)

**SAFARI HOTEL**, Situé entre Garanti Express et SCDP , BP 3330 NSAM Yaoundé –  
Tel: 99 31 37 01 ,Fax: 22 31 43 42 , Email: [safarhotel1@yahoo.fr](mailto:safarhotel1@yahoo.fr)

**WASHINGTON HOTEL, LODGING - BAR AND RESTAURANT**, Situé à l'ancienne  
Snec Essos, BP: 2917 Yaoundé,Tel: (237) 22 22 30 49 , Email:  
[fauji2002@yahoo.com](mailto:fauji2002@yahoo.com)

**YOAUNDE HILTON** Boulevard du 20 Mai, BP 11852 Yaounde CAMEROON Tel:  
+237 233646 Fax: +237 223210, +237 235919 E-mail: Web: [www.hilton.com](http://www.hilton.com)  
[Info\\_yaounde@hilton.com](mailto:Info_yaounde@hilton.com)

## MONT FEBE SOFITEL

P . O . Box 711  
Yaounde, Cameroun

T e l : +237(23) 2214099,2214002

Fax: +237(23) 221 6070

[info@hotel-montfebe.com](mailto:info@hotel-montfebe.com)

<http://www.hotel-montfebe.com>

Dramatic first class Hotel (1969) a top Mont Febe, overlooking the city, 10 minutes downtown and 6 miles from airport (transfer available). Fully air conditioned. All rooms and suites with phone, private bath and shower, many with balcony. Panomarc Restaurant. Cocktail Lounge and Bar. Nightclub and Discotheque. Meeting facilities to 500. Swimming Pool. 2 Tennis Courts. 18-hole Golf Course. Car rental. Parking. Government rates



### AIRLINES/HELICOPTERS/AIRPORTS

#### DOUALA

**ADC - AEROPORTS DE CAMEROUN**, Douala, BP 3131, Douala, Tel: +237  
342.35.77, +237 342.36.30, Fax: +237 342.37.58,

**AIR AFRIQUE**-Av. Poincaré B.P. 4084 DOUALA CAMEROON TEL: (237) 424222

**AIR MALI**-Bd. Ahmadou Ahidjo B.P. 1287 DOUALA CAMEROON TEL: (237) 421700

**AIR ZAIRE** 2 AV. DE GAULLE B.P. 1760 DOUALA CAMEROON TEL: (237) 421143

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**BRITISH CALEDONIAN C/O/ EMIL TRAVEL AGENCY, IMM. NANGAH, 83 BLVD, DE  
LA LIBERTÉ** B.P. 5393 TEL: 237 423084, 422109

**CAMEROON AIRLINES**, CAMEROON, Region: Africa, Address: 3 Avenue General de  
Gaulle PO BOX 4092 Douala, Tel: 00237 42 01 11, Fax:00237 42 25 13, Web  
site:[www.camairsa.co.za](http://www.camairsa.co.za), Main Base: Douala

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**DELMAS VIEJUEX** B.P. 263 TEL: 237 421184,  
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### BUS & RAILWAY STATIONS

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Puteaux Cedex, [thomas.quintin@bollore.com](mailto:thomas.quintin@bollore.com) ,<http://www.bollore-africa-logistics.com/en>

**CAMRAIL**,PO BOX 766 Douala Cameroon, Tel:222 22 13 03,  
[service.voyageurs@camrail.net](mailto:service.voyageurs@camrail.net) , <http://www.camrail.net/en>

**GARANTI EXPRESS**,BP. 3228, CAMEROON, DoualaPhone,Tel: 237 33 42  
61 91, Fax:237 33 42 61 91

**TRANSNATIONAL INDUSTRIES CAMEROON (TIC) LE BUS**,Inter-  
Urban Transports,Logistics/Transport,Cameroon,P.O. Box 4619 Yaounde

### CRUISE & SHIPPING LINES

**SILVERSEA CRUISES, SILVER EXPLORER**,Tel:377 97702424,  
<http://www.silversea.com/ships/silver-explorer>

### CAR HIRE/TAXIS/SERVICES

**CAMEROON AVIS RENTAL CAR**,Aéroport De Douala,Douala, CM,  
Tel:237 334392629, SPLV DT,Yaounde, CM, Tel:237 22302627  
<https://www.avis.com/car-rental/location/CM>

**EUROPCAR**,Yaounde Airport ,FLIGHT DETAILS MANDATORY, Cameroon,  
P:237 22305329,<https://www.europcar.com/location/cameroon>