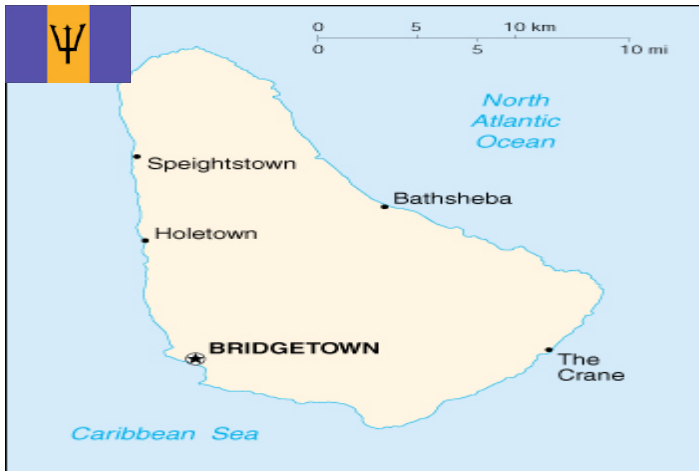


## BARBADOS



### Country Dialling Code (Tel/Fax): ++1-246

**Barbados Tourism Authority**, PO Box 242, Harbour Road, Bridgetown, Barbados, W.I., T: 246-427-2623 / 427-2623, Fax: 246-426-4080, [btainfo@visitbarbados.org](mailto:btainfo@visitbarbados.org) <http://www.visitbarbados.org>

**Capital:** Bridgetown **Time:** GMT - 4

**Background:** The island was uninhabited when first settled by the British in 1627. Its economy remained heavily dependent on sugar, rum, and molasses production through most of the 20th century. In the 1990s, tourism and manufacturing surpassed the sugar industry in economic importance.

**Location:** Caribbean, island between the Caribbean Sea and the North Atlantic Ocean, northeast of Venezuela

**Map References:** Central America and the Caribbean

**Area:** total: 430 sq km land: 430 sq km water: 0 sq km

**Climate:** tropical; rainy season (June to October)

**Terrain:** relatively flat; rises gently to central highland region

**Natural Resources:** petroleum, fish, natural gas

**Population:** 274,540 (July 2000 est.)

**Nationality:** noun: Barbadian(s) or Bajan (colloquial) adjective: Barbadian or Bajan (colloquial)

**Ethnic Groups:** black 80%, white 4%, other 16%

**Religions:** Protestant 67% (Anglican 40%, Pentecostal 8%, Methodist 7%, other 12%), Roman Catholic 4%, none 17%, other 12%

**Languages:** English

**Economy:** Historically, the Barbadian economy had been dependent on sugarcane cultivation and related activities, but production in recent years has diversified into manufacturing and tourism. The start of the Port Charles Marina project in Speightstown helped the tourism industry continue to expand in 1996-99. Offshore finance and informatics are important foreign exchange earners, and there is also a light manufacturing sector. The government continues its efforts to reduce the unacceptably high unemployment rate, encourage direct foreign investment, and privatize remaining state-owned enterprises.

**Industries:** tourism, sugar, light manufacturing, component assembly for export

**Currency:** 1 Barbadian dollar (Bds\$) = 100 cents

**Railways:** 0 km

**Highways:** total: 1,600 km paved: 1,578 km unpaved: 22 km (1998 est.)

**Ports and Harbors:** Bridgetown, Speightstown (Port Charles Marina)

**Airports:** 1 (1999 est.) Airports - with paved runways: total: 1 over 3,047 m: 1 (1999 est.)

**Visa:** travellers are advised to contact the Consulate before travel, as visa requirements constantly change.

**Duty Free:** permitted goods: 200 cigarettes or 250g tobacco, 750ml spirits and 750 ml of wine, 50g of perfume and 25g of eau de toilet, gifts upto BD\$100

**Health:** a yellow fever certificate is required for travellers over 1 year of age coming from an infected area. The water in Barbados is considered by some to be the purest in the world

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## CRUISE & SHIPPING LINES

### JOLLY ROGER CRUISES



Shallow Draft Wharf  
Deep Water Harbour  
Bridgetown  
Barbados

<http://shop.funbarbados.com>

Tel: 00 1 246 436-6424/25

## HOTELS/MOTELS/INNS

### BRIDGETOWN

**BARBADOS HILTON**, Needham's Point St Michael, Bridgetown, 11000,

Barbados, +1 246-426-0200, [www.hiltoncaribbean.com](http://www.hiltoncaribbean.com)

**ISLAND INN**, Regency Park, St Michael, Barbados, +1 246-436-6393,

[www.islandinnbarbados.com](http://www.islandinnbarbados.com)

### CHRIST CHURCH

**BARBADOS BEACH CLUB**, Maxwell Coast Road, Christ Church,

Barbados, Tel: (246) 428-9900, Fax: (246) 428-8905, E-mail:

[holidays@barbadosbeachclub.com](mailto:holidays@barbadosbeachclub.com), <http://www.barbadosbeachclub.com>

**BLUE ORCHIDS BEACH HOTEL**, Highway 7, Worthing, Christ Church,

Barbados, Tel: (246) 435-8057, Fax: (246) 435-6578, E-mail:

[blorchids@caribsurf.com](mailto:blorchids@caribsurf.com), <http://www.blueorchidsbarbados.com>

**BOUGAINVILLE BEACH RESORT**, Maxwell Coast Road, Christ Church,

Barbados, Telephone: (246) 418-0990, Fax: (246) 428-2524,

<http://www.bougainvillearesort.com>

**CLUB ROKLEY BARBADOS** Golf Club Road Barbados. Barbados Tel 1-

246 4357880 E-mail: [narikley@sunbeach.net](mailto:narikley@sunbeach.net) Http://

[www.barbados.org/hotels/rokley](http://www.barbados.org/hotels/rokley)

**COBBLERS COVE** Road View Barbados. Barbados Tel 1-246 4222291 E-

mail: [reservations@cobblerscove.com](mailto:reservations@cobblerscove.com) Http://: [www.cobblerscove.com](http://www.cobblerscove.com)

**CORAL MIST BEACH HOTEL**, Highway 7, Worthing, Christ Church,

Barbados Tel: (246) 435-7712, Fax: (246) 435-6874, E-mail:

[coralmist@caribsurf.com](mailto:coralmist@caribsurf.com), <http://www.coralmistbarbados.com>

**CORAL SANDS BEACH RESORT**, Worthing Beach, Christ Church,

Barbados, West Indies, PHONE : 246-435-6617, FAX : 246-435-7297, E-

MAIL: [vacation@coralsandsresort.com](mailto:vacation@coralsandsresort.com), <http://www.coralsandsresort.com>

**CUASURINA BEACH CLUB** Barbados. Barbados Tel 1-246 4283600 E-

mail: [casbeach@bajan.com](mailto:casbeach@bajan.com). Http://: [www.casuarina.com](http://www.casuarina.com)

**DIVI SOUTHWINDS BEACH RESORT**, St Lawrence Main Rd, Christ

Church, Barbados 15017, Phone: 1 246-428-7181,

<http://www.divisouthwinds.com>

**DOVER BEACH HOTEL**, St. Lawrence, Christ Church,, BB15026,

Barbados, W.I, Tel: +1 246 428 8076, Fax: +1 246 428 2122, Email:

[vacation@doverbeach.com](mailto:vacation@doverbeach.com), <http://www.doverbeach.com>

**INCHCAPE SESASIDE VILLAS**, Silver Sands, Ch.Ch., Barbados, W.I., Fon:

(+1) 246 428-7006, Fax: (+1) 246 420-4748, [rentals@inchcape.net](mailto:rentals@inchcape.net),

<http://www.inchcape.net>

**LITTLE ARCHES BARBADOS**, Enterprise Beach Road, Christ Church,

Barbados (West Indies), Telephone: 1(246) 420-4689, Facsimile: 1(246)

418-0207, [paradise@littlearches.com](mailto:paradise@littlearches.com), <http://www.littlearches.com>

**MANGO BAY** 2<sup>ND</sup> Street Barbados. Barbados Tel 1-246 4321384 E-mail:

[mango@caribsurf.com](mailto:mango@caribsurf.com) Http://: [www.mangobaybarbados.com](http://www.mangobaybarbados.com)

**MARESOL BEACH APARTMENTS**, St. Lawrence Gap, Christchurch,

Barbados, Telephone/Fax: 1-246-428-9300, E-Mail:

[maresolapt@caribsurf.com](mailto:maresolapt@caribsurf.com), <http://www.maresolbeach.net>

**MONTERAY APARTMENT** 82 Dover Street Barbados. Barbados Tel 1-246

4289152, <http://www.monterayapartment.com>

**NAUTILIUS BEACH APARTMENTS** Upper Bay Street, Barbados.

Barbados Tel 1-246 4263541 E-mail: [nautilusbeach@caribsurf.com](mailto:nautilusbeach@caribsurf.com) Http://:

[www.fleethouse.com](http://www.fleethouse.com)

**PEACH AND QUIET**, Fax: 246-428-2467, Tel: 246-428-5682, E-mail:

[res.peachandquiet@caribsurf.com](mailto:res.peachandquiet@caribsurf.com), <http://www.peachandquiet.com>

**PIRATE'S INN**, Browne's Gap, Christ Church, BARBADOS, Phone (246) 426 6273, Fax (246) 436 0957, [info@piratesinnbarbados.com](mailto:info@piratesinnbarbados.com), [www.piratesinnbarbados.com](http://www.piratesinnbarbados.com)  
**REGENCY COVE** Main Road, Barbados. Barbados Tel 1-246 4358924, Email: [regencycove@hotmail.com](mailto:regencycove@hotmail.com)  
**ROUND ROCK APARTMENT ON BEACH** Round Rock Road, Silver Sands Barbados. Barbados Tel 1-246 4287500 E-mail: [roundrck@caribsurf.com](mailto:roundrck@caribsurf.com) Http:// [www.Barbados.org/](http://www.Barbados.org/)  
**SANDY BAY BEACH CLUB**, Worthing, Christ Church, BB15010 Barbados, West Indies, <http://www.sandybaybeachclub.com>  
**SAN REMO HOTEL** Maxwell Road CHRIST CHURCH BARBADOS, WEST INDIES TEL: 5561-69 TLX: 2203 BET BRU WB  
**SILVER POINT**, Silver Sands, Christ Church, Barbados, West Indies, BB17125, tel - (246) 420-4416, fax - (246) 428-8346, email - Send E-Mail to reserve, [www.silverpointhotel.com](http://www.silverpointhotel.com)  
**SOUTH GAP HOTEL**, St.Lawrence Gap, Christ Church, BB15018, Barbados, Tel: (246) 435-9481, Fax: (246) 435-7502, <http://www.southgapbarbados.com>  
**SOUTHERN PALMS BEACH CLUB** St. Lawrence Gap CHRIST CHURCH BARBADOS, WEST INDIES TEL: 809 428 7171 FAX: 809 428 7175 TLX: WB 2332, [www.southernpalms.net](http://www.southernpalms.net)  
**SOUTHERN SURF BEACH APARTMENTS**, Rockley Beach, Christ Church, Barbados, WI, Tel: (246) 435-6672, Fax: (246) 435-6649, Email: [info@southernsurfbarbados.com](mailto:info@southernsurfbarbados.com), <http://www.southernsurfbarbados.com>  
**THE SAVANNAH HOTEL**, Main Rd, Hastings, Christ Church, Barbados, Phone: 1 246-228-3800, Email: [reservations@gemsbarbados.com](mailto:reservations@gemsbarbados.com), Web: <http://www.gemsbarbados.com>

**BRESMAY APARTMENT HOTEL**

St Lawrence Gap,  
Christ Church  
Barbados

Tel: (+1 246) 86 1 31  
Fax: 1-246 428 7722

**CACRABANK BEACH APARTMENT HOTEL**



**18 Worthing  
Christ Church  
Barbados**

Tel: ++1 246 935-9279, Fax: 246-429-7267

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**Casuarinas Beach Club**

St. Lawrence Gap  
Christ Church  
Barbados

Tel: 1-246-428 34600  
<http://www.almondresorts.com>



Beachfront vacation Hotel situated on 7 1/2 acres, equidistant (5 miles) from Bridge-town and airport at ST Lawrence Gap. Air-Conditioned, rattan-furnished studio apartments with radio, phone, kitchenette and balcony. Restaurant. Beachfront Bar. Swimming Pool. Lighted Tennis Courts. Squash Courts. 700ft white sand beach. Scuba driving, deepsea fishing, cruises and tours arranged.

**GOLDEN SANDS APARTMENT HOTEL**

Maxwell Rd  
Christ Church  
Barbados

Fax: 246-428-3897  
Tel: 246-428-8051  
E-mail: [goldsand@caribsurf.com](mailto:goldsand@caribsurf.com)  
<http://www.goldensandshotel.com>

Superior tourist class 4-storey apartment Hotel located on the South Coast, across from the beach. 1 bedroom or studio apartments with air conditioning, radio, phone and balcony. Maid service available. Restaurant and Bar. Mini-market. Pool. Car rental arranged. Golf nearby.

**MERRIVILLE APARTMENTS**

Rockley Terrace

Tel: .....00 1 246 72670  
Christ Church  
Barbados

First Class Apartments Hotel just 10 minutes from Bridgetown within walking distance of shopping and nightclubs – Choice of air-conditioned studio or 1 bedroom apartments with equipped kitchens – Free maid Service – Personal Cook/Maid available on request – Pool.



**ROCKERY RESORT & BEACH CLUB**

G.P.O. Box 35 W  
Worthing, Christ Church  
, Barbados

Tel: ++1 246 75890 or ++1 246 75891

Situated on the South Shore, 5 minutes from its own private beach on Rockley Beach (free transportation from hotel). Four miles southeast of capital Bridgetown, with duty free international shopping. Fifteen minutes from the airport.

Resort apartment complex, comprised of guest villas built in 5 clusters, each with its own swimming pool. All villas are 1 or 2 bedroom units, fully air conditioned, with balcony or patio.

- Fine Dining Facilities
- The Rendezvous Room, serving cocktails
- Pool Bar
- Snacks served on terrace next to the Bistro
- Nightly Entertainment.

Private Beach Club on Rockley Beach, 5 minutes away. Six swimming pools, 5 tennis courts (3 floodlit), 2 air-conditioned glass backed Squash Courts, Volleyball and Croquet Facilities. Male and Female Saunas, Childrens play area and pool, Golf courses, Supermarket, Drug Store, Book Shop, Gift Shop, Boutiques, Barbecues and Rum Punch Parties.

**SOUTH WINDS BEACH, CLUB VILLAS & HOTEL**

**St. Lawrence  
Christ Church  
Barbados**

Tel: .....00 1 246 87181-2  
Cable: SOUTHWINDS

Recently expanded older Hotel on 8 acres of tropical grounds directly on the beach front, 4 miles south of Bridgetown, 5 from Airport – A collection of older and some newer accommodations in several villas and beachfront units, all with air-conditioning, patio or balcony – Dining Room, Bar and Discotheque – Cuisine features local barbecues, Bajan specialities – Freshwater Pool – Water Sports – Golf, Tennis and horseback riding available.

**SILVER SANDS RESORT**

Christ Church Barbados

Telephone PBX : (246) 428-6001

Reservations Office: (246) 428-5936

Fax: (246) 428-3758

E-mail: [info@silversandsbarbados.com](mailto:info@silversandsbarbados.com)

[www.silversandsbarbados.com](http://www.silversandsbarbados.com)

**SICHRIS APARTMENT HOTEL**

Worthing 2  
P.O. Box 39 W  
Christ Church  
Barbados  
Tel: 1 - 246 - 75930

Charming hotel with 24 pleasant and airy 1-bedroom apartments – each apartment air conditioned and fully furnished, with living room & private patio opening to freshwater Swimming Pool and garden Court-Yard – Restaurant & Bar – Well-stocked Minimart – Water sports, golf & tennis arranged.

**SILVER BEACH HOTEL**

Rockley  
Christ Church  
Barbados  
Tel: 1 - 246 - ++1 246 1124

*Small Tourist Class Hotel in long, gallery-style structure located on Rockley Beach, 7 miles from the airport and 2.5 miles from Bridgetown – All rooms air-conditioned, each with private bath and toilet – Dining Room and Bar – Public bus transportation to town – Quite modest.*

**WINDSOR HOTEL****Windsor hotel**

hastings  
Christ Church  
Barbados

Tel: 1 - 246 - 77831

Cable: WINDSOR

Oldesland-style resort Hotel – Situated in quiet pleasant garden surroundings, 2 minutes walk from beach, 2 miles from Bridgetown – Comfortable, renovated rooms, each with private bath and air conditioning – Dining Room, Lobby with Bar – Weekly Barbecue and Dance – TV Room and Library – Facilities for small Conventions – Complimentary Yacht Cruises – Golf and Yacht Clubs within 1 mile – Convenient to sports activities and entertainment – A Stately, Traditional building, immaculately maintained.

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## ST.JAMES

## BARBADOS BEACH VILLAGE



St. James  
Barbados, W.I.

Tel: .....++1-246 03 1 81

Informal First Class Beachfront Resort Complex located on the sheltered west coast, 7 miles from Bridgetown (courtesy car) – Villa-like units in tropical setting with twinbedded rooms, studio apartments and duplexes – All have air conditioning and phone – Maid service – Oceanside Restaurant – Terrace Bar and Grill – Disco Nightclub – Water Sports – Caters to families, honeymooners.

**BEACH VIEW**, Paynes Bay, St. James, Barbados, Tel: 246-432-2300, Fax: 246-432-0946, <http://www.beachviewbarbados.com>

**COLONY CLUB** - Porters, St James, Barbados, West Indies , Tel: 1.246.422.2335, Toll Free: US - 888.996.9948 , <http://www.colonyclubhotel.com>

**CORAL REEF CLUB** St James Barbados, West Indies WEST INDIES BARBADOS TEL: +1 (246) 422 2372 FAX: +1 (246) 422 1776 [www.slh.com/coralreef/](http://www.slh.com/coralreef/)

**CRYSTAL COVE - APPELBY**, St James, Barbados, West Indies ,Tel: 1.246.432.2683, Fax: 1.246.432.8290 , <http://www.crystalcovehotelbarbados.com>

**LONE STAR HOTEL**, Saint James, T: (246) 419 0599 , F: (246) 419 0597, E: [info@thelonestar.com](mailto:info@thelonestar.com) , <http://www.thelonestar.com>

**MANGO BAY RESORT**, 2nd street, holetown, st james, barbados bb24016 T. +1 246 432 1384, f. +1 246 432 5297, E. [Reservations@manqobaybarbados.com](mailto:Reservations@manqobaybarbados.com) , <http://www.mangobaybarbados.com>

**ROYAL WESTMORELAND**, St. James, Barbados, Barbados tel: +1 (246) 422 4653 , Uk tel: +44 (0)1524 782503, [Enquiries@royal-westmoreland.com](mailto:Enquiries@royal-westmoreland.com) , <http://www.royalwestmoreland.com>

## NA-DIESIE BEACH APARTMENT HOTEL

Holetown  
St. James  
Barbados

Tel: 1 - 2 4 6 - 4 2 2 0 4 6 9

Modern moderate first class 3-story Apartment Hotel situated on the west Coast on beach surrounded by tropical flora. 16 miles from Grantley Int'L Airport. Air conditioned rooms with radio, kitchenette and private balcony. Daily maid service. Pizza House with bar. Amusement Arcade. Minimart. A goog value.

## SETTLER'S BEACH



St James Beach  
Barbados

Tel: .....00 1 246 422-3052

Fax: 246 422 1937

Email: [settlers@caribsurf.com](mailto:settlers@caribsurf.com)

<http://www.settlersbeachhotel.com>

First Class Cottage/Villa Complex on 4 beach-front acres on the west coast of Barbados. 500 yards south of the Coral Reef Club. 18 miles from Grantly Adams Airport. Cottages/Villas encircle central area with freshwater swimming pool. All with air conditioning. Fully equipped kitchen, two bedrooms and two baths. Wheelchair accessibility. Maid service. Restaurant. 2 tennis courts. Waterskiing. Windsurfing and sailing available.



## WESTFORT APARTMENT HOTEL

Payne Bay  
St. James  
Barbados

Tel: .....00 1 246 21375/21376

First Class Apartment Hotel in attractive colonial and modern architecture – Situated amid landscaped gardens on the famous west coast, within walking distance of golf, tennis and shopping – 38 Air-conditioned rooms with kitchenette, individual telephone, bath and private balcony – Maid Service, Gourmet Restaurant – Bar – private entrance to Beach and Bar facilities – Fresh Water Pool – Water Sports and cocktail cruises arranged.

**TAMARIND COVE**, Paynes Bay, St James, Barbados, West Indies, Tel: 1.246.432.1332 , Toll Free: US - 888.996.9948 <http://www.tamarindcovehotel.com>

**THE HOUSE** - Paynes Bay, St James, Barbados, West Indies , Tel: 1.246.432.5525 ,Toll Free: US - 888.996.9948 , <http://www.thehousebarbados.com>

**THE SANDPIPER**, Holetown, St. James BB24017, Barbados, West Indies, T: 246 422 2251 Fax: 246 422 0900 , <http://www.sandpiperbarbados.com>

**TRAVELLERS PALM RESORT**, Holetown, St. James, Barbados, West Indies , USA Toll Free: 1-888-790-5264, UK Toll Free: 00-800-7297-2900, Tel: (246) 432-6255 , Fax: (246) 432-1596 , Email: [reservation@travellerspalmresort.com](mailto:reservation@travellerspalmresort.com) , <http://www.travellerspalmresort.com>

**TREASURE BEACH HOTEL**, Paynes Bay - St. James, BB24009, West Coast of Barbados , Tel: + 1 246 432 1346, Fax: + 1 246 432 1094, Email: [reservations@treasurebeachhotel.com](mailto:reservations@treasurebeachhotel.com) , <http://www.treasurebeachhotel.com>

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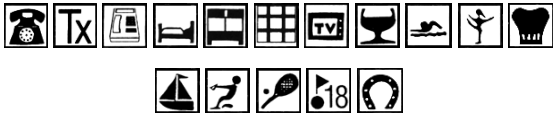


## ST PETER

# Kings Beach Hotel

Road View,  
St. Peter,  
Barbados – West Indies  
Tel: 1-246-4221690  
Fax: 1-246-4221891  
Web: <http://www.kingsbeachvillage.com>

**Location:** On the beach front at Mullin's Bay, on the tranquil Caribbean Coast, 20 minutes north of the capital, Bridgetown.  
Close by is the new airport freeway by-pass.  
**Accommodation:** 57 air-conditioned bedrooms in deluxe category, all with sea views, tasteful furnishings and satellite TV/radio.  
Connecting rooms available for families. Especially equipped rooms for the handicapped.  
**Facilities:** Restaurant, nightly entertainment, bar, swimming pool, library, games room, lobby shop, children's sailing and snorkelling, tennis, golf, horse riding available near by.



**SUGAR CANE CLUB HOTEL & SPA**, Maynards, St Peter, Barbados, Phone: 1 246-422-5026, Email: [info@sugarcaneclub.com](mailto:info@sugarcaneclub.com) , <http://www.sugarcaneclub.com>

## CAR HIRE/TAXIS/SERVICES

**AVIS**. St. Michael's Plaza, St. Michael's Bridgetown. Tel: ++1 246 61247  
**TIX H RIGHT, (HERTZ)**. Tweedside Rd., Bridgetown. Tel: ++1 246 750094  
**NATIONAL. Dears Garage**, Roebuck St. Bridgetown. Tel: ++1 246 61250

## AIRLINES/HELICOPTERS/AIRPORTS

**AIR FRANCE, LLC**. Region: Europe, Address: 45 rue de Paris F- 95747 Roissy Charles de Gaulle Cedex Paris, Tel: 0033 1 41 56 56 00, Fax : 0033 1 41 56 84 19, Web site: [www.airfrance.com](http://www.airfrance.com).  
**BRITISH AIRWAYS**, Waterside PO Box 365 Harmondsworth, UB7 0GB Tel: 0044 208 875 95 51 (Local 08457 79 99 77) Fax: 0044 208 562 99 30 Web site: [www.britishairways.com](http://www.britishairways.com)  
**DELTA AIR LINES, INC.** P.O. Box 20706, Atlanta, Georgia 30320-6001, +14047152600, [www.delta.com](http://www.delta.com)  
**GRANTLEY ADAMS INTERNATIONAL AIRPORT** , Bridgetown Airport, Barbados, Tel: +1 246 428-4242, Fax: +1 246 420-0957, Email: [office@gaiainc.bb](mailto:office@gaiainc.bb), Website: [www.gaiainc.bb](http://www.gaiainc.bb)  
**HORIZON HELICOPTERS**, Barbados Concorde Experience Hangar ,Grantley Adams Int'l Airport, Bridgetown BB17090, Barbados, Tel:246 235 6378, [info@horizonheli.com](mailto:info@horizonheli.com)  
**LOT-POLISH AIRLINES**, Region: Europe, Address: 17 Stycznia St, PL-00-906 Warsaw, Tel: 0048 22 606 61 11, Fax: 0048 22 606 60 60, Web site: [www.lot.com](http://www.lot.com).  
**US AIRWAYS**, 4000 E. Sky Harbor Blvd. Phoenix, AZ 85034, Corporate headquarters location: 111 W. Rio Salado Parkway, Phone: 480-693-0800, [www.usairways.com](http://www.usairways.com)  
**VIRGIN ATLANTIC AIRWAYS**, The Office Crawley Business Quarters Manor Royal Crawley, RH10 9NU Tel: 0044 1293 56 23 45 Fax: 0044 1293 56 17 21 [www.virgin-atlantic.com](http://www.virgin-atlantic.com)

## RESTAURANTS & BARS

### BRIDGETOWN

**THE BOATYARD** , Bay Street Bridgetown , Barbados, West Indies , Phone: (246) 436 - 2622 , Fax: (246) 228 - 7720 , Cuisine: local, mixed, seafood, caribbean, grill,

international, Pizza, sandwiches and salads, E Mail: [Boatyard@sunbeach.net](mailto:Boatyard@sunbeach.net) , <http://www.theboatyard.com>

### CHRIST CHURCH

**APSARA & TAMNAK THAI RESTAURANT**, Morecambe House, Worthing, Christ Church, Barbados, Tel: 246 435-5454, Fax: 246 435-5728, [www.apsarabarbados.com](http://www.apsarabarbados.com)

**AQUA RESTAURANT & LOUNGE**, Dine in unmatched ambiance, Hastings main road, Christ church, , Phone: +1 246 420 2995, Fax: +1 246 228 0704, [Http://www.aquabarbados.com](http://www.aquabarbados.com)

**BARBECUE BARN**, Warrens, St Michael, & Rockley, Christ Church, Barbados, Tel: (246) 436-5000, Fax: (246) 429-4378, [www.barbecuebarn.com](http://www.barbecuebarn.com)

**CAFE LUNA**, Little Arches Hotel, Enterprise Beach Road, Christ Church, Barbados, T:246)428-6172, Cuisine: Global, seafood, Japanese (thurs, fri), [www.littlearches.com](http://www.littlearches.com)

**CHAMPERS RESTAURANT & WINE BAR**, Skeetes hill, christ church, Phone : (246)434-3463 , Email: [champersinc@caribsurf.com](mailto:champersinc@caribsurf.com) , [Http://www.champersbarbados.com](http://www.champersbarbados.com)

**GEMS OF BARBADOS** , Rockley, Christ Church BB 15137, Barbados, Telephone 246 435 9473, Fax 246 435 8822, TEL (Toll Free): Caribbean & North America: 800-868-9429, United Kingdom & Europe: 0 800 028 5278 , Cuisine: International, EMAIL: [reservations@gemsbarbados.com](mailto:reservations@gemsbarbados.com) , <http://www.gemsbarbados.com>

**LUIGI'S RESTAURANT**, Dover, Christ church, Barbados, Tel: 246-428-9218, [www.luigisbarbados.com](http://www.luigisbarbados.com)

**MAMA MIA**, Italian deli & pizzeria, Hastings main road, Christ church, Barbados, Tel: 246-434-deli (3354), Fax: 246-228-8693, [www.mamamiadeli.com](http://www.mamamiadeli.com)

**PLANTATION RESTAURANT**, St. Lawrence main rd, Christ church, Barbados, Tel: 246 428 5048, Fax: 246 420 6317, Cuisine: local, Caribbean, [Plantationrest@sunbeach.net](mailto:Plantationrest@sunbeach.net) , [Http://www.plantationtheatre.com](http://www.plantationtheatre.com)

### HOLETOWN

**ACAJOU (L')**, Sandy lane, Holetown, Phone: +1 246 444 2000, Fax: +1 246 444 2222, [Http://www.sandyane.com](http://www.sandyane.com)

**AL FRESCO**, dine under the stars, treasure beach hotel, paynes bay, holetown, 24009, phone: +1 246 432 1346 , fax: +1 246 432 1094 , [Http://www.treasurebeachhotel.com](http://www.treasurebeachhotel.com)

### SPEIGHTSTOWN

**COBBLERS COVE, BARBADOS** , Fax: (246) 422-1460, Tel: (246) 422-2291, Cuisine: french, Caribbean, Email: [reservations@cobblerscove.com](mailto:reservations@cobblerscove.com) , [Http://www.cobblerscove.com](http://www.cobblerscove.com)

### ST. JAMES

**THE CLIFF**, Derricks, St. James, Barbados, West Indies, T: 246 432 1922, Cuisines: Caribbean, European, English, French, Eclectic, Fusion, Pan-Asian, [thecliff@sunbeach.net](http://www.thecliffbarbados.com) , <http://www.thecliffbarbados.com>

**THE TIDES RESTAURANT**, Balmore House, Holetown, St. James, Barbados W.I. Phone: (246) 432-8356, Fax: (246) 432-8358, Cuisine: continental, french, seafood, international, mediterranean, haute , <http://www.tidesbarbados.com>

### ST. LAWRENCE GAP

**THE RESTAURANT AT SOUTHSEA**, Phone: 246.420.7423, Email: [restaurantsouthsea@caribsurf.com](mailto:restaurantsouthsea@caribsurf.com) , <http://www.therestaurantatsouthsea.com>

### ST MICHAEL

**THE HILTON**, Needhams Point, St Michael, Barbados, Tel: 246-426-0200, Fax: 246-434-5770, <http://www.hiltoncaribbean.com>

**WATERFRONT CAFÉ**, The Carenage , Bridgetown, St Michael, Barbados, Tel: (246) 427-0093, Fax: (246) 431-0303, [www.waterfrontcafe.com.bb](http://www.waterfrontcafe.com.bb)

### ST PHILIP

**L'AZURE & ZEN RESTAURANTS**, The Crane, The Crane Beach, St Philip, Barbados, Tel: (246) 423-6220, Fax: (246) 423-5343

**SUNBURY GREAT HOUSE**, St Philip, Barbados, Tel: 246 423-6270, Fax: 246 423-5863, [www.barbadosgreatehouse.com](http://www.barbadosgreatehouse.com)

**ZEN RESTAURANT**, Crane Resort, The Crane St. Philip, Barbados Tel : (246) 423-6220, Fax : (246) 423-5343, Email : [info@thecrane.com](mailto:info@thecrane.com) , <http://www.thecrane.com>





## BUS & RAILWAY STATIONS

**THE ROCKLYN BUS** , <http://www.barbados.org>  
**TRANSPORT BOARD - BARBADOS**, Weymouth, Roebuck Street, St. Michael BB11083 Barbados, Tel: 1246 310 3500, [btb.customerservice@barbados.gov.bb](mailto:btb.customerservice@barbados.gov.bb) , <http://www.transportboard.com>  
**ZR VANS**, Totally Barbados / Brecal Inc. 140 B Durants Fairways, Oistins, Christ Church, BB17097, Barbados, Tel: 246 4202420, [http://www.totallybarbados.com/barbados/Travel/Transportation/ZR\\_Vans](http://www.totallybarbados.com/barbados/Travel/Transportation/ZR_Vans)

## CRUISE & SHIPPING LINES

**CARNIVAL**, Tel: 1 800 764 7419, <http://www.carnival.com>  
**FRED. OLSEN HOUSE**, White House Road, Tel: 44 0 1473 746167, Ipswich, Suffolk, IP1 5LL, [internet@fredolsen.co.uk](mailto:internet@fredolsen.co.uk) , <http://www.fredolsencruises.com>  
**P&O CRUISES**, Carnival House, 100 Harbour Parade, Southampton, SO15 1ST, Tel: 0843 374 0111, Fax: 023 8065 7030, <http://www.pocrises.com>  
**REGENT SEVEN SEAS CRUISES**, Beresford House, Town Quay, Southampton, SO14 2AQ, Ph: 44 2380 682 140, <https://www.rssc.com>  
**ROYAL CARIBBEAN INTERNATIONAL**, Crown & Anchor Society, P.O. Box 026053, Miami, FL 33102-6053, [reservationroyal@rcci.com](mailto:reservationroyal@rcci.com) , <http://www.royalcaribbean.com>  
**SEA CLOUD CRUISES** , An der Alster 9, 20099 Hamburg, Germany, Tel: 49 0 40 30 95 92 50, Fax: 49 0 4030 95 92 22, [info@seacloud.com](mailto:info@seacloud.com) , <http://www.seacloud.com/en>  
**SILVERSEA CRUISES, SILVER CLOUD**, Gildo Pastor Center, 7, Rue du Gabian, 98000 Monaco, Phone: 377 9770 2424, Fax: 377 9770 2428, <http://www.silversea.com>  
**SEABOURN CRUISE LINE LIMITED.**, 300 Elliott Avenue West, Seattle, WA 98119 USA, Tel: 0843 373 2000 , <http://www.seabourn.com/luxury-cruise-vacation-onboard/Spirit>  
**STAR CLIPPERS, ROYAL CLIPPER**, Tel: 0845 200 6145, [star\\_clippers@fredolsentravel.co.uk](mailto:star_clippers@fredolsentravel.co.uk) , <http://www.starclippers.co.uk/our-fleet/royal-clipper/introducing-royal-clipper.html>  
**WINDSTAR CRUISES**, Phone: 888 746 5284, Fax: 206 733 2790, [info@windstarcruises.com](mailto:info@windstarcruises.com) , <http://www.windstarcruises.com>

## NATIONAL PARKS & ZOOS

**SAINT JOSEPH PARISH**  
**FLOWER FOREST**, Richmond Plantation, Barbados, Phone: 246 433 8152, [ffi@sunbeach.net](mailto:ffi@sunbeach.net) , <http://www.barbados.org/flowfrst.htm>  
**HUNTE'S GARDENS AND NURSERY**, Castle Grant, St. Joseph, Barbados, W.I, Tel: 246 433 3333, [office@ozonezonebooks.com](mailto:office@ozonezonebooks.com) , <http://www.huntesgardensbarbados.com>  
**ST. THOMAS**  
**WELCHMAN HALL GULLY**, Welchman Hall, St. Thomas, Barbados, Tel: 246 438 6671 , Fax: 246 420 6033 , [dbranker@caribsurf.com](mailto:dbranker@caribsurf.com) , <http://www.welchmanhallgullybarbados.com>

## HISTORICAL SITES

**BRIDGETOWN**  
**BARBADOS BRIDGETOWN GARRISON**, Bridgetown, Barbados, <http://www.barbados.org/historic-bridgetown-garrison-unesco-barbados.htm>  
**GARRISON SAVANNAH BARBADOS TURF CLUB BRIDGETOWN**, Ph: 1 (246) 626 3980, Fax: 1 (246) 626 3591, [www.barbadosturfclub.org](http://www.barbadosturfclub.org)  
**ST. NICHOLAS ABBEY BRIDGETOWN**, Tel: 246 422 8725, [heritagetourism@stnicholasabbey.com](mailto:heritagetourism@stnicholasabbey.com) , <http://www.stnicholasabbey.com>

## ST. MICHAEL

**GEORGE WASHINGTON HOUSE**, Bush Hill Tourism Trust Inc., Bush Hill, The Garrison, St. Michael, Barbados, Tel: 246 228 5461, Fax: 246 228 4772, [dvedwards@georgewashingtonbarbados.org](mailto:dvedwards@georgewashingtonbarbados.org) , <http://www.georgewashingtonbarbados.org>

## MUSEUMS/GALLERIES

### BRIDGETOWN

**RAFZA NEHAUL** , 6 Brighton Beach South, Bridgetown BB12051, Barbados, Phone: 246 4218188, [rnehaul@gmail.com](mailto:rnehaul@gmail.com) , <http://www.padaniinc.com>

### CHRIST CHURCH

**BARBADOS CONCORDE EXPERIENCE**, Grantley Adams International Airport, Christ Church, Barbados, Phone: 246 420 7738, Fax: 246 420 3535, [info@barbadosconcorde.com](mailto:info@barbadosconcorde.com) , <http://www.barbadosconcorde.com>

### SAINT JOSEPH PARISH

**EARTHWORKS POTTERY**, 2 Edgehill Heights, Barbados, Phone: 246 425 0223, [eworks@caribsurf.com](mailto:eworks@caribsurf.com) , <http://www.earthworks-pottery.com>

### SPEIGHTSTOWN

**ARLINGTON HOUSE MUSEUM** , Speightstown, Barbados, Phone: 246 422 4064, <http://www.barbados.org/arlinton-house-museum.htm>

## ENTERTAINMENTS

### BRIDGETOWN

**HARRY BAYLEY OBSERVATORY**, Observatory Road Clapham, Wildey, Bridgetown, Barbados, Phone: 1 246 622 2000, [admin@hbo.bb](mailto:admin@hbo.bb) , <http://www.hbo.bb>

**KENSINGTON OVAL MANAGEMENT INC.**, Fontabelle, Bridgetown, BB120004, Barbados, Tel: 1 246 2741200, Fax: 1 246 227 2503, [info@kensingtonoval.com.bb](mailto:info@kensingtonoval.com.bb) , <http://kensingtonoval.org>

### HOLETOWN

**FOLKESTONE MARINE PARK & VISITOR CENTRE**, Church Point, Holetown, Barbados, Phone: 246 422 2314, <http://www.barbados.org/folkstone.htm>

**TEAM BAYWATCH WATERSPORTS** , Trents St. James, Holetown BB24016, Barbados, Tel: 1 246 249 5115, [Teambaywatch@hotmail.com](mailto:Teambaywatch@hotmail.com) , <http://www.teambaywatch.com>

### SAINT JAMES PARISH

**BARBADOS POLO CLUB**, Holders Hill, Barbados , Phone: 246 437 5410, <http://www.barbadospoloclub.com>

### ST. LAWRENCE GAP

**WORTHING BEACH** , near St. Lawrence Gap, Barbados , <http://www.barbados.org/bcwrthg.htm>

### ST LUCY

**ANIMAL FLOWER CAVE** , North Point, St Lucy, Barbados, Tel: 246 439 8797, [sales@barbados.org](mailto:sales@barbados.org) , <http://barbados.org/aniflow.htm>

### SAINT PHILIP PARISH

**FOURSQUARE DISTILLERY**, Four Roads, Barbados, Phone: 1 246 420 1977

**KENDAL SPORTING BARBADOS**, Carrington St. Philip, Barbados, Phone: 1 246 437 5306, [kendalsports@caribsurf.com](mailto:kendalsports@caribsurf.com) , <http://www.gokendal.net>

**SUNBURY PLANTATION HOUSE**, St. Philip, Barbados, West Indies, Tel: 246 423 6270, Fax: 246 423 5863, [sunbury@caribsurf.com](mailto:sunbury@caribsurf.com) , <http://www.barbadosgreathouse.com>

### ST. THOMAS

**HARRISON'S CAVE**, Welchman Hall, St. Thomas, Barbados, Telephone: 246 417 3700, Fax: 246 417 3709, [info@harrisonscave.com](mailto:info@harrisonscave.com) , <http://www.harrisonscave.com>

## NIGHT CLUBS & DISCOS

### HOLETOWN

**BAKU BEACH CLUB**, Holetown, St James, Tel: 246 4322258, <http://www.barbadosbeachhouse.com>

**DRIFT, OCEAN TERRACE LOUNGE**, Holetown, St. James, Barbados, Tel: 1 246 432 1163, [info@driftinbarbados.com](mailto:info@driftinbarbados.com) , [www.driftinbarbados.com](http://www.driftinbarbados.com)

### ST LAWRENCE GAP

**SUGAR ULTRA LOUNGE** , St Lawrence Gap, Barbados, Phone: 1 246 420 7447, [reserve@sugarbarbados.com](mailto:reserve@sugarbarbados.com)

### SAINT MICHAEL PARISH

**HARBOUR LIGHTS**, Marina Villa, Bay Street, 5465456, Barbados, Phone: 246 436 7225, [contact@harbourlightsbarbados.com](mailto:contact@harbourlightsbarbados.com) , <http://www.harbourlightsbarbados.com>

