

## BAHRAIN

## HOTELS/MOTELS/INNS

**Country Dialling Code (Tel/Fax): ++973**

**Bahrain Tourism Company**, P.O. Box: 5831, Kingdom of Bahrain, Telephone: +973-17 530530, +973-17 531122, Fax: +973-17 530867, [btcc@alseyaha.com](mailto:btcc@alseyaha.com), [www.alseyaha.com](http://www.alseyaha.com)

**Capital:** Manama **Time:** GMT + 3

**Background:** Bahrain's small size and central location among Persian Gulf countries require it to play a delicate balancing act in foreign affairs among its larger neighbors. Possessing minimal oil reserves, Bahrain has turned to petroleum processing and refining, and has transformed itself into an international banking center. The new amir is pushing economic and political reforms, and has worked to improve relations with the Shi'a community.

**Location:** Middle East, archipelago in the Persian Gulf, east of Saudi Arabia

**Map References:** Middle East

**Area:** total: 620 sq km land: 620 sq km water: 0 sq km Coastline: 161 km

**Climate:** arid; mild, pleasant winters; very hot, humid summers

**Terrain:** mostly low desert plain rising gently to low central escarpment

**Natural Resources:** oil, associated and nonassociated natural gas, fish

**Nationality:** noun: Bahraini(s) adjective: Bahraini

**Ethnic Groups:** Bahraini 63%, Asian 19%, other Arab 10%, Iranian 8%

**Religions:** Shi'a Muslim 75%, Sunni Muslim 25%

**Languages:** Arabic, English, Farsi, Urdu

**Economy:** In Bahrain, petroleum production and processing account for about 60% of export receipts, 60% of government revenues, and 30% of GDP. Economic conditions have fluctuated with the changing fortunes of oil since 1985, for example, during and following the Gulf crisis of 1990-91. With its highly developed communication and transport facilities, Bahrain is home to numerous multinational firms with business in the Gulf. A large share of exports consists of petroleum products made from imported crude. Construction proceeds on several major industrial projects. Unemployment, especially among the young, and the depletion of both oil and underground water resources are major long-term economic problems.

**Industries:** petroleum processing and refining, aluminum smelting, offshore banking, ship repairing; tourism

**Currency:** 1 Bahraini dinar (BD) = 1,000 fils

**Railways:** 0 km

**Highways:** total: 3,164 km paved: 2,433 km unpaved: 731 km (1998 est.) note: there is a paved causeway connecting Bahrain to Saudi Arabia

**Ports and Harbors:** Manama, Mina' Salman, Sitrah

**Airports:** 3 (1999 est.) Airports - with paved runways: total: 2 over 3,047 m: 2 (1999 est.) Airports - with unpaved runways: total: 1 1,524 to 2,437 m: 1 (1999 est.)

**Heliports:** 1 (1999 est.)

**Visa:** valid passport required from all. Entry prohibited to those holding Israeli passports or passports with endorsements to Israel. Visa not required from Kuwait, Oman, Qatar, Saudi Arabia, Kuwait, UAE.

**Duty Free:** goods permitted: 400 cigarettes and 50 cigars and 250g tobacco, 1 litre of alcoholic beverages and 6 bottles of beer (non Muslim passengers only), 8oz of perfume, gifts up to BD250

**Health:** water is treated and regarded safe. Preferred meat should be well cooked, as Typhoid fevers and Hepatitis A & B occur.

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**THAILAND RESTAURANT**, Villa 7, Osama Bin Zaid Avenue, Manama, Bahrain, Tel: 973 1771 7040, Cuisines: Asian, Seafood, Thai, [www.thailandrestaurant.org](http://www.thailandrestaurant.org)

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**UPSTAIRS DOWNSTAIRS**, Building 754, Road 3825, Adliya Block 338, Manama Kingdom of Bahrain, Phone: 973 17713093, Cuisines: European, English, International, Healthy, [info@upstairsdownstairs.me](mailto:info@upstairsdownstairs.me), <http://upstairsdownstairs.me>

**VERANDA - RESTAURANT AND CAFÉ**, Shop 372, Block: 327, Sheik Isa Avenue, Manama, Kingdom of Bahrain, P.O. Box 11635, Manama, Kingdom of Bahrain, Tel: 00973 17715868, Fax: 00973 17717868, [info@verandabahrain.com](mailto:info@verandabahrain.com), <http://www.verandabahrain.com>

**MUSEUMS/GALLERIES****MANAMA**

**BAHRAIN NATIONAL MUSEUM**, Tel: 973 17 298 777, Fax: 973 17 293 873, Postbox 2199, MANAMA, KINGDOM OF BAHRAINE, [WEBMASTER@MOC.GOV.BH](mailto:WEBMASTER@MOC.GOV.BH), <http://www.moc.gov.bh/en/visitingbahrain/destinations/BahrainNationalMuseum>

**BEIT AL QUR'AN**, Manama, Bahrain, Tel: 973 17 290 101

**ENTERTAINMENTS****MANAMA**

**LOST PARADISE OF DILMUN WATER PARK**, Al-Areen, Bahrain, Bahrain, Phone: 973 1784 5100, Fax: 973 17845196

**WAHOOO! WATERPARK**, Tel: 973 17173000