

BAHRAIN

HOTELS/MOTELS/INNS

**Country Dialling Code (Tel/Fax): ++973**

Bahrain Tourism Company, P.O. Box: 5831, Kingdom of Bahrain, Telephone: +973-17 530530, +973-17 531122, Fax: +973-17 530867, btcc@alseyaha.com, www.alseyaha.com

Capital: Manama **Time:** GMT + 3

Background: Bahrain's small size and central location among Persian Gulf countries require it to play a delicate balancing act in foreign affairs among its larger neighbors. Possessing minimal oil reserves, Bahrain has turned to petroleum processing and refining, and has transformed itself into an international banking center. The new amir is pushing economic and political reforms, and has worked to improve relations with the Shi'a community.

Location: Middle East, archipelago in the Persian Gulf, east of Saudi Arabia

Map References: Middle East

Area: total: 620 sq km land: 620 sq km water: 0 sq km Coastline: 161 km

Climate: arid; mild, pleasant winters; very hot, humid summers

Terrain: mostly low desert plain rising gently to low central escarpment

Natural Resources: oil, associated and nonassociated natural gas, fish

Nationality: noun: Bahraini(s) adjective: Bahraini

Ethnic Groups: Bahraini 63%, Asian 19%, other Arab 10%, Iranian 8%

Religions: Shi'a Muslim 75%, Sunni Muslim 25%

Languages: Arabic, English, Farsi, Urdu

Economy: In Bahrain, petroleum production and processing account for about 60% of export receipts, 60% of government revenues, and 30% of GDP. Economic conditions have fluctuated with the changing fortunes of oil since 1985, for example, during and following the Gulf crisis of 1990-91. With its highly developed communication and transport facilities, Bahrain is home to numerous multinational firms with business in the Gulf. A large share of exports consists of petroleum products made from imported crude. Construction proceeds on several major industrial projects. Unemployment, especially among the young, and the depletion of both oil and underground water resources are major long-term economic problems.

Industries: petroleum processing and refining, aluminum smelting, offshore banking, ship repairing; tourism

Currency: 1 Bahraini dinar (BD) = 1,000 fils

Railways: 0 km

Highways: total: 3,164 km paved: 2,433 km unpaved: 731 km (1998 est.) note: there is a paved causeway connecting Bahrain to Saudi Arabia

Ports and Harbors: Manama, Mina' Salman, Sitrah

Airports: 3 (1999 est.) Airports - with paved runways: total: 2 over 3,047 m: 2 (1999 est.) Airports - with unpaved runways: total: 1 1,524 to 2,437 m: 1 (1999 est.)

Heliports: 1 (1999 est.)

Visa: valid passport required from all. Entry prohibited to those holding Israeli passports or passports with endorsements to Israel. Visa not required from Kuwait, Oman, Qatar, Saudi Arabia, Kuwait, UAE.

Duty Free: goods permitted: 400 cigarettes and 50 cigars and 250g tobacco, 1 litre of alcoholic beverages and 6 bottles of beer (non Muslim passengers only), 8oz of perfume, gifts up to BD250

Health: water is treated and regarded safe. Preferred meat should be well cooked, as Typhoid fevers and Hepatitis A & B occur.

MANAMA

AL SAFIR HOTEL & TOWER, Building 670, Road 2411, Manama, Bahrain 324, Phone: 973 1782-7999, Email: info@alsafirhotel.com, <http://www.alsafirhotel.com>

BAHRAIN CARLTON HOTEL, P.O.Box 54407 Manama, Bahrain, Tel:(+973)17715999 Fax:(+973)17716123, E-mail: cartlnbh@batelco.com.bh, <http://www.bahraincarltonhotel.com>

BAHRAIN HILTON PO Box 1090 Manama State of Bahrain Tel: +973 535000 Fax: +973 532071, +973 532374 E-mail: Web: www.hilton.com

BEST WESTERN JUFFAIR HOTEL, 676 Road 4015, PO Box 15412, Manama, 340, Bahrain, Phone: 973 17827600, <http://www.bestwestern.com>

CROWNE PLAZA HOTEL, MANAMA (BAHRAIN), KING FAISAL HWY, MANAMA, 5831 BAHRAIN, T: 973-17-531122, Fax: 973-17-530154, www.crowneplaza.com

DAYS HOTEL MANAMA, POBox2484 Bldg395 Blk319Rd1912, Manama, BH, Phone: 973-1729-0555, Fax: 973-1729-6565, <http://www.daysinn.com>

DELMON INTERNATIONAL HOTEL, P.O Box: 5661, Manama, Kingdom of Bahrain, Tel: +973 17224000, Fax: +973 17224107, E-mail: delmonbn@batelco.com.bh, <http://www.delmonhotel.com>

EWA HOTEL APARTMENTS, Seef Central Area, Bahrain, +973 17233700, www.ewa-ha.com/bahrain

GOLDEN TULIP BAHRAIN, Old Palace - Diplomatic Area, Bahrain, +973 17535000, www.goldentulipbahrain.com

GULF GATE HOTEL, Al Fateh Avenue Po Box 580, Manama, Bahrain, +973 17 210210, www.gulfgatehotel.com

LE ROYAL MÉRIDIEN PO Box 55577 - Manama, State of Bahrain BAHRAIN BAHRAIN TEL: (973) 580 0000 FAX: (973) 580 333

MERCURE GRAND HOTEL SEEF / ALL SUITES, Seef Area, Road 2827, Bahrain, +973 17 584400, www.mercurebahrain.com

RAMEE BAISAN HOTEL BAHRAIN, Building 176 Rd No 2005,Block No 320, Manama, Bahrain, Phone: 973 1729-6237, Email: rameeint@batelco.com.bh, Web: <http://www.rameehotels.com>

NOVOTEL AL DANA RESORT BAHRAIN, 121 Sheikh Hamad Causeway, PO box 11073, Bahrain, 0, Bahrain, +973 17298008, www.novotel.com

PARS INTERNATIONAL HOTEL, P O Box 20682,Manama, Kingdom of Bahrain, Tel: + (973) 17 814777, Fax: + (973) 17 814778, E-mail: info@parsbahrain.net, <http://www.parsbahrain.net>

RITZ-CARLTON BAHRAIN HOTEL & SPA, PO Box 55577 Manama, Phone: (973) 1758 0000, Fax: (973) 1758 0333, <http://www.ritzcarlton.com>

RIVIERA PALACE DELUXE SUITES, 795 Sheikh Salman Ave, Bahrain +973 17406200, www.riviera-palace.com

THE DIPLOMAT RADISSON BLU HOTEL, RESIDENCE & SPA, P.O Box 5243, Manama, Kingdom of Bahrain, Tel: +973 17 531666, Fax: +973 17 530843, Email: sales.diplomat@radissonas.com, <http://www.radissonblu.com/diplomathotel-bahrain>



Gulf Hotel



Where Service Counts

A part of the Steigenberger Reservation Service

**P.O. Box 580,
Manama,
Bahrain**

**Tel: (+973) 713000
Fax: (+973) 17715373
Tlx: 8241 GULFTL BN
Cable: GULFOTEL BAHRAIN
e-mail: gmgh@batelco.com.bh
www.gulfhotelbahrain.com**



MANSOURI MANSIONS APARTMENT HOTEL

P.O. Box 5587
Bahrain
Bahrain



Tel:973 71 39 71

Apartment type hotel, located near the French Embassy in the Mahuz district. Accommodations in 2 and 3 bedroom apartments.

<http://www.mansourimansionshotel.com>



Oasis Hotel

PO Box 5908

Manama

Bahrain

Tel:

(0973) 259979

Fax: (0973) 259735

HOLIDAY INN – MANAMA BAHRAIN



P.O. Box 5831
Manama
Bahrain

Tel:(973) 531122

Fax:(973) 530154

www.HolidayInn.com

275 Rooms, Banquet & Meeting Rooms. Children's playground, Int'l Restaurant, Live Enter.

RAMADA HOTEL INTERNATIONAL



P.O. Box 5750

Manama

Bahrain

T: +973 17742000

Fax: 973-17-742809

**E-Mail: ramada@batelco.com.bh
www.ramada.com**

Beautiful superior first class hotel opposite the Guest Palace, overlooking the sea. 5 minutes from commercial centre, 15 minutes from airport. Tastefully furnished rooms, all with air conditioned, phone, radio, queen-sized beds, color TV and in-room films.

5 Suites, Wheelchair facilities. The only Restaurant in Bahrain featuring a seafood tank. Bar. Night Club. Meeting facilities to 20. Heated Pool with Snack Bar. Table Tennis.



LE VENDOME HOTEL

Le Vendome Hotel

Gudaibiya Road,

P.O. Box 528,

Manama

Bahrain

Tel: +973 17257777, Fax: +973 17243154



With Intercontex H&T You Can Tour The World

THE REGENCY INTER-CONTINENTAL

The Regency
Inter-Continental
Bahrain

King Faisal Highway
PO Box 777
Manama
Bahrain



Inter-Continental Hotels and Resorts

Tel: +973 221 111

Reservations: +973 229 929

E-mail: bahrain@interconti.com

www.InterContinental.com



Hotel Features:

24-hour front desk, Express check-out,
Business centre, Fitness centre/spa,
Beauty salon/barber,
Restaurants/Bar/Lounge, Concierge,
Shops, Complimentary parking:

240 spaces, Valet parking. **Transportation to/from hotel:** Distance from international airport: 10 km, Time by taxi: 10 min, Cost by taxi: approx. BD 3.00, Distance to city centre: 0.2 km, Car parking available, Distance from Exhibition Centre: 3 km.



SHERATON HOTEL



P.O. Box 30
Manama
Bahrain



Phone: (973)(17) 533533

Fax: (973)(17) 534069

reservations.manama.bahrain@sheraton.com

www.sheraton.com

Location downtown, 15 minutes from airport. Dramatic 4-story Atrium lobby spanned by viewing bridge. Plans include 2 Restaurants, Coffee shop, Lounges and entertainment. 4 Meeting Rooms for groups up to 5000, Squash Court. Sauna, Steam, Gym Room and outdoor Swimming Pool and Tennis Courts.



**THE DIPLOMAT
HOTEL**

PO Box 4253

Manama

State of Bahrain

Tel: (0973) 233166

Fax: (0973) 530843

sales.diplomat@radissonblu.com

<http://www.radissonblu.com>

OPENED IN 1982. SITUATED IN THE PRESTIGIOUS DIPLOMATIC DISTRICT, IT FEATURES THE LARGEST HOTEL ROOMS IN BAHRAIN; ALL WITH SEA VIEW AND BALCONY, RADIO, COLOUR TV AND VIDEO FILM UNIT, DIRECT-DIAL, INDIVIDUALLY CONTROLLED AIR CONDITIONING AND MINI-BAR. PROVIDES ALL COMFORTS AND SERVICES FOR THE BUSINESS TRAVELLER. RATES ON REQUEST.



TYLOS

P.O. Box 1086

Manama

Bahrain



Tel:+973 017 25 26 00

Modern First Class Hotel located at the end of the Government Road and just beyond the intersection with Shaikh Khalifa Road – All rooms with private bath, air conditioning, radio, phone – Tv on request – Restaurant with international cuisine – Coffee Shop Huntman's Bar with paneled walls and English pub atmosphere – Parking available.



Rely on The International Hotel & Travel Directory.
The one-stop office resource for lodging, meeting facilities, resort accommodations, and eating out!

CAR HIRE/TAXIS/SERVICES

**VISITING BAHRAIN CALL SPEEDY MOTOR SERVICE
FOR ALL YOUR MOTORING REQUIREMENTS**

WE OFFER YOU:

- The only 24 hour radio taxi service.
- Full selection of economy 8 luxury rental cars.
- Self-drive with unlimited mileage & insurance.
- We will arrange your local licence & validation or provide a chauffeur if you refer.
- Locally owned we, can offer premium service at substantially lower cost.

RESIDING IN BAHRAIN?

We maintain the largest most complete garage on the island, equipped for every type of auto repair including 24 hour towing 8 breakdown services membership plan, full multi-lift lubrication bay, rust proofing facilities, automatic car washes all over Bahrain.



Four Locations to Serve You Better

**Speedy Motor Service
The biggest and Best in Bahrain**

**P.O. Box 800
Arabian Gulf
Bahrain
Phone; +973 17681999
Fax:+973 17681000**

<http://en.speedymotors.com>

UNITRACO TRAVEL SERVICE

**P.O. Box 82
Unitage House
Government Avenue**

**Manama
Bahrain**

**Tel: 973 25 24 14
Cable: UNITRACO BAHRAIN**



AIRLINES/HELICOPTERS/AIRPORTS

BAHRAIN INTERNATIONAL AIRPORT , Bahrain, PO Box 586, Manama, BahrainTel: +973 1732 1997, +973 1732 1103, Fax: +973 1732 4096, Email: marketing@bahrainairport.com or ahameed@caa.gov.bh, Website: www.bahrainairport.com

BAHAMASAIR HOLDINGS LIMITED, P.O. Box N 4881 Nassau, Bahamas Tel: (242) 377-8451 Fax: 377-7409

GULF AIR LTD, Region: Middle East, Address: PO Box 138 Manama, Tel: 00973 32 22 00, Fax: 00973 33 85 55, Web site: www.gulfairco.com, Main Base: Bahrain

GULF HELICOPTERS COMPANY, P O Box: 811, Al Areesh Street, Ras Abu Abboud, Doha, State of Qatar, Tel: 974 44 333 888, Fax: 974 444 11 004, enquiries@gulfhelicopters.com , <http://www.gulfhelicopters.com/GHC>

Bahrain Airport Services, Head Office

P.O BOX 22285, MUHARRAQ, BAHRAIN

ARGO SERVICES

Fax : +973 17-335314

CATERING SERVICES

Fax : +973 17-339003

ENGINEERING SERVICES

Fax : +973 17-335309

www.bas.com.bh



AIR INDIA

Kanoo Building
Phase - II, AL - Khalifa Road,
Manama, Bahrain,
Telephone : 0973-223848/223849/223850, Fax : 0973-214898
www.airindia.com

CRUISE & SHIPPING LINES

AZAMARA CLUB CRUISES, Azamara Journey, Tel:1 954 628 9708, Fax 1 954 628 9622, AzamaraGuestRelations@AzamaraClubCruises.com, www.AzamaraClubCruises.com/life-on-board/special-needs
COSTA CRUISE, Tel:1-888-81-COSTA, [costaclub.us](http://www.costaclub.us), <http://www.costacruise.com>
FRED. OLSEN HOUSE, White House Road, Ipswich, Suffolk, IP1 5LL, Tel:44 0 1473 742424 ,0845 869 1589, Fax:44 0 1473 292410, internet@fredolsen.co.uk, <http://www.fredolsencruises.com/places-we-visit/country/bahrain-cruises>

BUS & RAILWAY STATIONS

CARS TRANSPORT CORPORATION ,Land Transportation, Tel:+973 17 534534, Fax:+973 17 53404133rd Floor, East Tower, Bahrain Financial Harbour, Kingdom of Bahrain, P.O. Box 10325, pr@mot.gov.bh, <http://mot.gov.bh/en/land-transport/public-transport/public-buses>
NATIONAL EXPRESS (UK) AND AHMED MANSOUR AL AALI (AMA), 0871 781 8181, <http://www.nationalexpress.com>

RESTAURANTS & BARS**MANAMA**

BAYTI CONTEMPORARY MIDDLE EASTERN CUISINE ,King Faisal Highway, Manama, Bahrain, Tel:973 1722 9788, www.bficc.com.bh
BICE ,Partners Restaurant Co. W.L.L., Bice Bahrain, World Trade Center., P.O. Box 31020, Manama, Kingdom of Bahrain., Tel:973 1753 3666, Cuisines: Italian , <http://bicebahrain.com>
BLOCK 338, RESTAURANT, LOUNGE AND GARDEN, Building 947, Road 3830 ,Block 338, Adliya, Manama 338, Bahrain, Tel:00973 17710338, Cuisines: Mediterranean , reservations@block338.com
BUSHIDO RESTAURANT ,Tel: 973 1758 3555, Cuisines: Japanese , [bushido@bushido.com.bh](http://www.bushido.com.bh), <http://www.bushido.com.bh>
CAFE LILOU , Adliya area & Seef District, Manama, Bahrain , Tel:973 1771 4440, Cuisines: French , info@alghalia.com, <http://www.alghalia.com>
CHINA GARDEN ,The Gulf Hotel Bahrain, P.O. Box 580, Manama, Kingdom of Bahrain, Tel:973 17 746423/4, afbm.gd@gulftelbahrain.com, https://gulftelbahrain.com/index.php?q=restaurant_type/china-garden
CUCINA ITALIANA, Al Safir Hotel, Juffair, Bldg. 670-A, Road 2411, Blk. 324, Manama, Juffair, Kingdom of Bahrain, Tel:973 17 001 317, manager@cucina.com.bh, <http://www.cucinaitaliana.com.bh>
DAVID'S STIR FRY CRAZY, Bldg 228 Road 3605 Block 336, Manama, Bahrain, Tel:97317540188, Cuisines: Asian, Chinese, info@stirfrycrazy.com, <http://www.stirfrycrazy.com>
DOWNTOWN, InterContinental Bahrain, King Faisal Highway, Manama 777, Bahrain, Tel:973 17227777, Cuisines: International , regina.supnet@ihg.com, <http://www.ihg.com/intercontinental/hotels/gb/en/manama/bahha/hoteldetail/about-the-hotel/dining>
IMARI, Building 365, Block 317, Road 1705, Manama 00000, Bahrain ,Tel:973 16000333, Cuisines: Japanese , restaurant_reservation@thedomainhotels.com, <http://www.thedomainhotels.com>
JJ'S IRISH RESTAURANT ,Building 30, Road 352, Block 326 Manama/Al Gudaibiya, Kingdom of Bahrain ,Tel:973 3932 9083, info@jisirishrestaurant.com, <http://www.jisirishrestaurant.com>
KLOUDS RESTAURANT ,Tel: 973 1736 0000, Cuisines: International , info@thekhotel.com, <http://www.thekhotel.com/dining/listall#Klouds-Restaurant>
LA PERGOLA ,Tel:973 1774 6419/20, Cuisines: Italian , info@icbahrain.com, https://gulftelbahrain.com/index.php?q=restaurant_type/la-pergola
LEGENDZ STEAKHOUSE ,InterContinental Bahrain, King Faisal Highway, Manama ,Bahrain, Tel: 973 17 227777, info@icbahrain.com, <http://www.ihg.com/intercontinental/hotels/gb/en/manama/bahha/hoteldetail/about-the-hotel/dining>

LE DOMAIN ,TEL:973 1600 0000, Cuisines: French, Grill , connect@thedomainhotels.com, <http://www.thedomainhotels.com/restaurants-bahrain/social-spaces/le-sauvage.html>

LA MEDITERRANEE, THE RITZ-CARLTON, BAHRAIN HOTEL & SPA, bPO Box 55577 Manama, Phone: 973 1758 0000, Cuisines: International, bahrz.leads@ritzcarlton.com, <http://www.ritzcarlton.com/en/Properties/Bahrain/Dining/LaMed/Default.htm>
LANTERNS, Cuisines: Indian, Tel:973 1725 0999, lounge@lanternsrestaurant.com, <http://www.lanternsrestaurant.net>
MAKI BAHRAIN ,Bahrain World Trade Center, West Tower, King Faisal Highway, Manama, Kingdom of Bahrain, TEL: 973 17522733 ,Cuisines: Sushi, Japanese, <http://www.olivermaki.com>
MASSO ,Tel:+973 1772 1061, Cuisines: European, Italian, Healthy, Organic , reservations@massorestaurant.com, <http://massorestaurant.com>
MEISEI ,Tel:973 33584926, Cuisines: Asian , smm@remza.com, <http://www.meiseirestaurants.com>
MONSOON, Tel:973 17 749222, Cuisines: Thai , info@alghalia.com, <http://www.alghalia.com/bin1/monsoon.html>
NU ASIA ,Cuisines: Asian , info@nuasia.net, <http://www.nuasia.net>
NICOLE'S MEDITERRANEAN RESTAURANT & LOUNGE, Restaurant 2, Building 1579, Road No 3828, Manama, Bahrain, Tel:973 3514 0504, <http://nicolesbh.com>
NIRVANA ,THE RITZ-CARLTON, BAHRAIN HOTEL & SPA ,PO Box 55577 Manama, Phone: 973 1758 0000, bahrz.leads@ritzcarlton.com, <http://www.ritzcarlton.com/en/Properties/Bahrain>
PANASIA, Road No 3709, Opposite KIMS Medical, Umm Al Hassam Avenue, Manama, Bahrain, Tel:+973 1772 1600, Cuisines: Chinese, Indian, Thai info@pan-asia.me, <http://www.pan-asia.me>
PRIMAVERA, THE RITZ-CARLTON, BAHRAIN HOTEL & SPA, PO Box 55577 Manama, Phone: 973 1758 0000, Cuisines: Italian , rc.bahrz_restaurant_reservations@ritzcarlton.com, <http://www.ritzcarlton.com/en/Properties/Bahrain/Dining/Primavera/Default.htm>
RAYES RESTAURANT, Al Fateh Highway, Manama, Kingdom of Bahrain, P.O. Box 11895, Tel: 973 1731 2700, Fax: 973 1731 2777, Cuisines: Lebanese, Middle Eastern, info@coral-bay.net, <http://www.coral-bay.net>
ROYAL THAI ,Tel:973 17 746421/2, http://gulftelbahrain.com/index.php?q=restaurant_type/royal-thai
SATO ,Tel:973 17 746417/8, info@icbahrain.com, http://gulftelbahrain.com/index.php?q=restaurant_type/sato
SELECTIONS INTERCONTINENTAL REGENCY ,InterContinental Bahrain, Manama ,Bahrain, Tel: 973 17 227777, Cuisines: Middle Eastern, International <http://www.ihg.com/intercontinental/hotels/gb/en/manama/bahha/hoteldetail>
SHOO FEE MA FEE, Villa 175, Manama, Bahrain , Tel:973 1731 1280, shoofoemafee@live.com
SKYBAR BAHRAIN, Floor 20, The Hotel Diva, Manama 324, Bahrain , Tel:3971 8101, Cuisines: Tapas , marketing@qamahotels.com
TAKHT JAMSHEED ,At Gulf Hotel, Manama , Al Fateh Avenue, Manama, Bahrain, Tel:973 17 746431/2, Cuisines: Persian , https://gulftelbahrain.com/index.php?q=restaurant_type/takht-jamsheed
THAILAND RESTAURANT, Villa 7, Osama Bin Zaid Avenue, Manama, Bahrain, Tel:973 1771 7040, Cuisines: Asian, Seafood, Thai, www.thailandrestaurant.org
TRADER VIC'S, BAHRAIN, The Ritz-Carlton Bahrain, Hotel & Spa, Seef Area, P.O. Box 55577, Manama, Bahrain, Tel:973 1758 6555 ,Cuisines: Chinese, Indian, Continental, Fusion , reservations@tradervics.com, <http://www.tradervics.com.bh>
UPSTAIRS DOWNSTAIRS ,Building 754, Road 3825, Adliya Block 338, Manama Kingdom of Bahrain, Phone:973 17713093, Cuisines: European, English, International, Healthy, info@upstairsdownstairs.me, <http://upstairsdownstairs.me>
VERANDA - RESTAURANT AND CAFÉ, Shop 372, Block: 327, Sheik Isa Avenue, Manama, Kingdom of Bahrain ,P.O. Box 11635, Manama, Kingdom of Bahrain, Tel: 00973 17715868, Fax: 00973 17717868, info@verandabahrain.com, <http://www.verandabahrain.com>

MUSEUMS/GALLERIES**MANAMA**

BAHRAIN NATIONAL MUSEUM, Tel: 973 17 298 777, Fax: 973 17 293 873, Postbox 2199, MANAMA, KINGDOM OF BAHRAINE, WEBMASTER@MOC.GOV.BH, <http://www.moc.gov.bh/en/visitingbahrain/destinations/BahrainNationalMuseum>
BEIT AL QUR'AN ,Manama , Bahrain , Tel: 973 17 290 101

ENTERTAINMENTS**MANAMA**

LOST PARADISE OF DILMUN WATER PARK ,Al-Areen, Bahrain, Bahrain, Phone: 973 1784 5100, Fax: 973 17845196
WAHOOO! WATERPARK, Tel:973 17173000